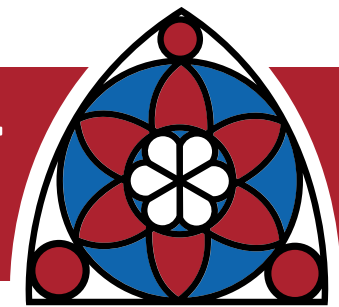


THE JOURNEY



A Newsletter of The Cathedral Church of St. Paul

The Very Rev. Fr. Troy C. Beecham, Dean

JULY / AUGUST 2019

From the Dean

Hello friends,

There are so many wonderful and good things going on in the life of our parish. One of them is the Looking Forward working group, whose operating goal is to discern how we as the cathedral parish might more fully accept and live into our vocation as the cathedral.

I called this working group together last winter after our 25th Anniversary celebrations got us off to such a joyous start of celebrating our identity as a cathedral and asking important questions. Those questions are about how we might become a more missional people, learning how to recognize the many ways our downtown location, our beautiful church, and our wondrous worship liturgy are profoundly powerful gifts in carrying out the ministries that God has given us.

We have been meeting, and the bishop has been joining us!, for several months, and I can tell you that the presence of the Holy Spirit is palpable among us. We are learning so many things, about ourselves, our history, our diocese...even the things that we don't know that we didn't know! Most importantly, we are learning the God is with us in the questioning, in the seeking of wisdom, and most of all in our loving relationships with each other. To date, I think that is the most important learning of all, that what really makes all of this work is that we love each other and desire to be in loving relationships with each other, that we delight in being together.

That's how I know that God is with us, when we spend months together in discernment and the first foundational truth that we discover is the heart

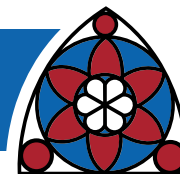


of the Gospel: that Jesus said that the world will know that we are his disciples by the way that we love each other.

That, my dear friends, is the most encouraging and wonderful news I could ever possibly hope to tell you, that the folks who are entrusted with the leadership of the life of our parish have discovered the living heart of the Gospel together by seeking the will of God together for the life of our parish.

Thanks be to God!

Fr. Troy



Youth Summer Fine Arts Camp

The camp will highlight creative expression using a variety of art forms exploring the ways faith and arts intersect. At the core of the camp is a short musical, "It's Okay to Be Different" by Grier and Everson.

The theme of God's inclusive love for all of creation is celebrated in song, drama, and movement. It is a well-crafted, developmentally appropriate musical for youth lending time for vocal and dramatic educational components. In addition to the musical, time will be devoted to liturgical music, art, and architecture. The beauty of the downtown, historical churches will be included in an architectural tour.

The week will culminate with a performance of the musical on Friday evening, August 9th at 7pm.

Excerpts of the musical will be sung during the Sunday, August 11th 10am Service. This artistic education opportunity will connect young people to the liturgical, Cathedral arts traditions.



Monday, August 5 – Friday, August 9

8:30 a.m. – Noon

Ages 8 – 13 | The cost is \$50

(includes all materials and snacks, scholarships available)

Camp Leaders:

Ms. Lexie Thiessen and Ms. Beth DeVries, both are local, professional elementary music teachers and members of the Cathedral Choir.

Deadline for Registration:

Monday, July 22 — Space is limited

Please register online
cathedralchurchofstpaul.org

If you have questions, please contact Cathedral Organist/Choirmaster Mark Babcock (babcockm@central.edu)

Connection Cafe

Connection Café for July:

Make sandwiches after the 10:00 service on Sunday, July 7; serve on Monday, July 8.

Connection Café for August:

Make sandwiches after the 10:00 service on Sunday, August 11; serve on Monday, August 12.



Des Moines' Ecumenical Eatery

Shelter Meal

Shelter Meal for July:

Wednesday, July 24

Shelter Meal for August:

Saturday, August 24



Shelter Meal Information for the Summer Months

Every month St. Paul's cathedral takes responsibility for one of the evening Shelter meals at 1420 Mulberry Street in Des Moines. We are looking for people to join us in this special ministry, so we can cover the dates during the summer months. The date is the 24th of each month, which

makes it easy to remember and therefore easy to plan for.

We have a fun group of people already involved and you will find that the time spent preparing a casserole or two, serving the folks at the shelter or transporting food from the church to the Shelter is both fun and rewarding.

In all cases you can and should sign up on line for the task that suits you best for one month or for several.

Just go to our website (cathedralchurchofstpaul.org), click on "Ministries" and find the upcoming month or other months ahead that work for you.

Social Justice - Immigration Team

Notes from the Social Justice Committee

Inertia is a powerful force.

Sometimes I feel like there's nothing much I can do to make a difference in the world. Sometimes I look at the whole problem of immigration in this country, and it absolutely overwhelms me, and consequently I do nothing. And then there's the guilt, because I WANT to do something, but it's all too much and I can't, so once again, nothing. AND then there's the depression because I feel like I'm a bad person because I'm not getting anything done – not making a difference in anyone's life. Drowning in inertia.

I used to tell my kids to break big obstacles down into smaller projects, each one finite, but a step to completing the whole. But "fixing" BIG issues like immigration, unfair imprisonment, squelching of human rights, that's a whole 'nother kettle of fish.

So what can you or I do to make a difference in the BIG social issues of the day? You can start with a little drop of water. Write, call, or email your congresswoman or your Iowa senators and make your thoughts known. Write a newsletter article, or a letter to the Editor of your favorite newspaper. A little drop of water, but many drops can make a storm – a flood! You have done something. Want to do a little something more? There are times that we are called upon to witness deportation hearings. If we can, we meet at the appointed time and place and act as silent witnesses to the proceedings, and as a support to the person in danger of deportation. More drops of water. Don't have time but want to help? Members of the Committee have pledged to help fund two women seeking asylum who, because of the way things work now, are not allowed to work

for 6 months before they can get a work permit. We are part of many people from many churches who are doing this, and you can add to that funding. Something more? Some of the Social Justice Committee are becoming volunteers for Justice For Our Neighbors (JFON) at their mostly monthly help nights at Grace UMC (some training is required). Do you prefer a more immediate way of helping? We have a Shelter Meal coming up, and need both casseroles and more hands to serve them. Contact Deacon John if you're interested. And don't forget that we prepare and serve lunch for Connections Café once a month in our own Undercroft. Keep an eye on the website for our July date.

Need help getting started? Come join us around the table after the 10:30 service in the Undercroft on the 3rd Sunday of each month. We'd love to make our circle bigger!



Fr. Zebulun Treloar's Ordination

Fr. Zebulun Treloar's Ordination service was held at St. Paul's on Saturday May 25 at 11:00 am. It was a beautiful service, and we hope you enjoy these photographs.



Center: Bishop Scarfe with Fr. Zeb Left: Joe and Sharon Treloar Right: Husband Jamie and brother Jason Treloar.



Deacon Zeb before his Ordination



Fr. Zeb blesses the congregation after his ordination.



Fr. Zeb being vested by his husband, Jamie Treloar.



Serving Communion.



Courtyard Dinner

Our June Courtyard Dinner was a great success. Many thanks to Mark Prichard, Paolo Bartesaghi, Carla Carlson, Mark Thompsen, Jan and John Doherty, Hannah Johnson, Austin Rozendaal, Betsy VanHaaften, and Nathan Thiessen for all their contributions!



Festooned and decorated, the courtyard was the perfect setting for dinner on a lovely summer evening.



Working hard preparing a delicious dinner are (left to right) Mark Pritchard, Carla Carlson, Mark Thompsen, and Betsy VanHaaften



Anne Reasons, Mark Pritchard, and Jan Doherty have everything under control.



Mozart Mass a Seasonal Highlight



By Jed Leland

On Sunday, June 2 St. Paul's Cathedral Choir performed Mozart's Missa Beva in D major, KV. 194, a noteworthy liturgical highlight to this year's Choir season. Composed in Salzburg in 1774 – Mozart was just 18 – this short mass expresses the depth of the composer's faith as well as a measure of youthful joy. It was the first of his works to appear in print.

Conducted by Mark Babcock, the Cathedral Choir was joined by soloists Courtney Tabor, Beth DeVries, Ian Heetland, and Ben Blystone, and guest musicians John Helmich, Nathan Thiessen, Stephan Dorff and David Raymond. Performed with energy and clarity throughout, it was a joyous finale to the Cathedral Choir season.

Nevertheless, St. Paul's commitment to devotional and prayerful music continues without pause. Cathedral Organist and Choirmaster Mark Babcock plans to provide choral leadership throughout the summer, including special soloists and a few guest choirs.



LET'S celebrate

HAPPY JULY BIRTHDAY

Dennis Bates, July 4
Twyla Anderson, July 7
Barbara Briggie Smith, July 8
Martha Hippee, July 11
Bruce Beeston, July 14
Scott Green, July 15
Tom Thompson, July 17
Vicki Ingham, July 18
Laurie Theis, July 23
Margaret Lozier, July 30

HAPPY JULY ANNIVERSARY

Al and Nancy Geiger, July 5
Dawn and Hulbert Bannister, July 8

HAPPY AUGUST BIRTHDAY

Sally Bates, Aug. 3
Jill Ferguson, Aug. 3
John Doherty, Aug. 5
Cynthia Ingham, Aug. 5
Ted Lozier, Aug. 7
Charlie Wheeler, Aug. 7
Bill Graham, Aug. 9
Barbara Jeneary, Aug. 11
Samuel Wheeler, Aug. 12
Kathryn Wheeler, Aug. 18
David Wheeler, Aug. 21
Tom Tarbox, Aug. 22
Carol Clay Hall, Aug. 24
Russell Benda, Aug. 27
H. Buck Wheeler, Aug. 31

HAPPY AUGUST ANNIVERSARY

Robert & Laura Wootten, Aug. 9
Alan & Donna Scarfe, Aug. 23
Melanie & Richard Scupham, Aug. 23

Would you like your birthday or anniversary included in the Journey?

Please contact the Cathedral Office (515-288-7297) or visit

<http://www.cathedralchurchofstpaul.org/about-us/contact-us/>

Parking Spaces Available



Do you work downtown? Would you like a parking space? Or do you know someone who works downtown who would like a space in our lot? If so, please contact the Cathedral Office: 515-288-7297. The cost per month is \$75.00, considerably less expensive than nearby street or lot parking.

GIVE ONLINE, IT IS EASY.

Do it once or you can set up reoccurring gifts. Print a record of your giving anytime. No cash, no check book? No problem. You can text 515-207-8133 to give to the church. If you need to update or change your information, call the Cathedral Office (515-288-7297).

Safe and Secure Online Giving Now Available!

We now offer safe and secure online giving on our website. Credit and debit cards are accepted. You can set up an account or quick give. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Cathedral Preservation Fund, or Cathedral Arts.

St. Paul's Offers Text Giving!

You can automatically give by texting the amount you wish to donate to this number: **515-207-8133**.



The Journey is published 11 times a year, usually on the third Thursday of the month to reach homes by the first of the following month.

Your articles, news, photos are welcome!!

The deadline for the September issue will be Monday, August 19.

Please email to administrator@cathedralchurchofstpaul.org

Or bring to the Cathedral Office.



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Return Service Requested

Registration is Now Open for our Youth Summer Fine Arts Camp.

See Inside for Details!

PLEASE BE SURE TO VISIT OUR WEBSITE: CATHEDRALCHURCHOFSTPAUL.ORG

