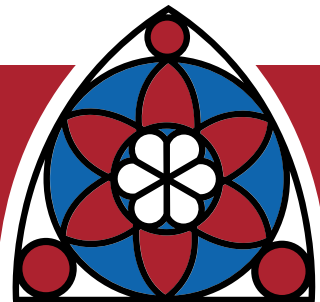


THE JOURNEY



A Newsletter of The Cathedral Church of St. Paul

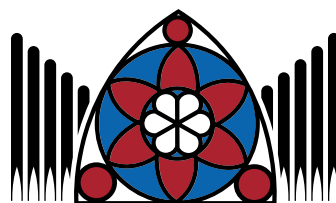
The Very Rev. Fr. Troy C. Beecham, Dean

JUNE 2018

Celebrating 25 Years as a Cathedral

As part of the ongoing festivities recognizing and honoring our 25th Anniversary as a Cathedral church, we are asking you to submit your stories for publication in a blog on St. Paul's website. In 300 words or less, tell us about your connection to St. Paul's. Have you always been here as part of your family traditions? Or, are you a recent arrival trying to learn new ways. Tell us what you like and what keeps you connected to this church.

Send your story to Elvin McDonald or Sue Kerss for editing. Please include a phone number for any questions that we might have. Your phone number will not be published.



ST. PAUL'S
EPISCOPAL CATHEDRAL

CELEBRATING 25 YEARS OF THE CATHEDRAL 1993-2018

We will select one story per month to highlight in the Journey. After all stories have been received, Elvin will compile them into a book.

We would like to receive stories as soon as possible. If you don't have access to email, write it up long hand, type it and send it by snail mail or carrier pigeon to the church office. Be sure to make it to Sue or Elvin's attention. Your

story is important to us, and Elvin and I will take care of the rest.

Sue's email:
jkerss@earthlink.net

Elvin's email:
elvinmcdonald@centurylink.net

Thank you for your stories and meeting our deadlines.

- Sue Kerss and Elvin McDonald



June Outreach Opportunities

June 10 - Capital City PrideFest Parade

June 11 - Connection Cafe Luncheon.
Sign up at CathedralChurchofStPaul.org/food-ministries

June 17 - Sanctuary Discernment Meeting after 10:00 service

Bring food and donations for DMARC Food Pantry. Every Sunday!

We are not serving the Shelter Meal in June; our next Shelter Meal will be served on Tuesday, July 24th.

815 High Street, Des Moines, IA 50309
(515) 288-7297 • cathedralchurchofstpaul.org



ST. PAUL'S
EPISCOPAL CATHEDRAL

From the Dean

As we head into the summer months, and we enter more fully into the season of Pentecost.

What do we think the presence of the Holy Spirit in our lives will be like?

Do we think that when things have gone our way or when an experience was thrilling or beautiful, the Holy Spirit was there? But what about when things go awry, or we experience pain, or confusion. Has the Holy Spirit abandoned us?

No, never! The Holy Spirit is with us always, in every situation.

But if the Holy Spirit is with us in all things, why do we still experience

broken relationships, suffering, war...and joy, wonder, and hope.

What do we think would happen if the Holy Spirit descended afresh on our church? Would we hear new things from those who are different from us? Would we have to be transformed, have God redefine us when we think we've already got our lives all figured out? Does that frighten us, and lead us to hold back from full commitment?

Life filled with the Holy Spirit, individually and as a church, will be wonderful, confusing, full of elation, marred by defeat...but most important of all is that it will be life filled with the Holy Spirit!



And through the Holy Spirit, we can do all things through Christ, and find triumph, new life, and be more than over-comers in every situation.

So, friends, sisters and brothers, let us dare to live into the life of the Holy Spirit; let us dare to give our all; let us dare to be disciples of Jesus Christ.

Getting to Know Your Cathedral

As part of the 25th Anniversary of St. Paul's becoming an Episcopal Cathedral, we are offering a series of events presenting some features of our Cathedral that may not be well known. The first event,



held in May, highlighted the kitchen, the Chapel, and the Columbarium.

There will be three gatherings in June, to be held after both services, around 9:15 a.m. and 11:20 a.m. Each presentation will last about 15 minutes, with time for questions afterward.

Please mark your calendars with the following dates:

June 3 - "Exploring the Labyrinth and Quiet Garden" led by Deacon John Doherty and Elvin McDonald

June 10 - "Architecture and Stained Glass Windows" led by John Wetherell and Vicki Ingham



June 24 - "Behind the Scene Of the Liturgy" led by Phyllis Blood Melton and Mark Babcock

We encourage everyone to attend and enjoy this wonderful learning experience. If you have any questions, please speak with Paolo Bartesaghi.



Choral Mass

Sunday, June 3 | 10:00 a.m. Service



 **sung by the Cathedral Choir** 

Already established as a classic of contemporary Liturgical music, Dove's popular *Missa Brevis* has been taken into the repertoire of church and cathedral choirs around the world. Commissioned by the Cathedral Organists' Association the work was first heard in Wells Cathedral in 2009.

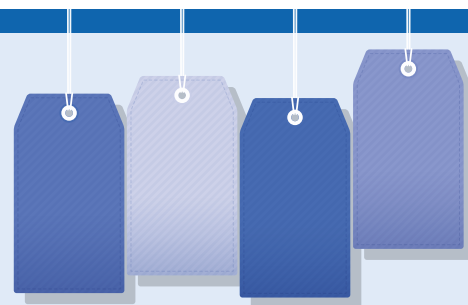
Take the Five Friends Challenge!

Help Us Grow St. Paul's!

While we call on God's guidance to help our church family grow and flourish we also ask for the help of each of our church members and regular visitors. We invite you to take The Five Friends Challenge. Look for opportunities this week to share your favorite part of St Paul's with five other friends. Maybe it's our beautiful church building, the inspiring music ministry, Fr. Troy's uplifting message, or the community outreach. Share your favorites and then invite each friend to attend a service.

5

To get you started on your first friend (actually many), please consider adding a "Review" to our Facebook page. Your positive review helps to share the good news about our family with others searching for a similar experience. It's easy. On Facebook, search for The Cathedral Church of St. Paul – Episcopal in the bar below the large image, click the box with the three dots and select "Write a Review." Thank you for your help as we increase our community at St. Paul's Episcopal Cathedral!



Cleaning out the Closets

We've cleaned out closets and cupboards around the church, including kitchen supplies, books, linens, and collectables. Now it is time to move them on out. There will be a sale of these items on Saturday, June 16th, and on Sunday, June 17th between the 8:00 and 10:00 services, and after the 10:00 service. This is a great opportunity to pick up items for your camper, cabin, new household, or interesting decorations. This is a St. Paul's Only event, no outside advertisement will be done.

The sale on the 16th is a preview party from 5:00 to 7:00 PM. Light hors d'oeuvres and beverages will be served while you peruse the offerings. There will be a charge of \$10 per person or \$15 per couple. Payment can be made at the door, but please call the church office to RSVP so we know how many to plan for. On the 17th, stop by the Undercroft after either service and shop.

All items will be sold as "free will" offerings only. What is left over will be taken to Goodwill or other charitable organizations. All proceeds will benefit the Hospitality Cloister to help defray the costs of future parish events.

Hope to see you participate; let's finish the cleaning process and help our Hospitality Cloister as well.





EPISCOPAL DIOCESE OF IOWA EVENTS

**GROWING
IOWA
LEADERS**
CALLLED, FED, AND SENT
THE EPISCOPAL DIOCESE OF IOWA

**Saturday, June 9
10:00-4:00pm**

*Join us for a day of formation and
leadership development focused on
these areas:*

<p><i>Episcopal Presence: How do we, as Episcopal congregations in the Des Moines area, work together for mission & outreach while sharing the Good News with our neighbors.</i></p>	<p><i>Outside the Box: Freeing ourselves to re-imagine being the church, while honoring our history and tradition.</i></p>	<p><i>Financial Planning for Mission: Doing the most with what we have.</i></p>
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St. Mark's Episcopal Church, Des Moines
3120 E 24th Street, Des Moines
RSVP to diocese@iowaepiscopal.org
*Hosted by St. Mark's, Des Moines and the Cathedral
Church of St. Paul*

THIS Growing Iowa Leaders Day's Guest Speakers



Jim Hamilton is an Episcopal priest who serves as the Pastoral Missioner of Church on the Square in Baltimore, Maryland.

But, he has been an actor, a singer, a non-profit director and a few other embarrassing things that involved tight fitting costumes, so don't take him too seriously.

He is in charge of serving the neighborhood as pastor and community organizer.

If you have questions about spirituality, organizing a group to respond to a need or have any theological conundrums, Hamilton is your guy.

Jim lives in Canton with his son Teddy.



David Little is a Principal in the nonprofit group at CliftonLarsonAllen, Cedar Rapids. David has over fifteen years of experience in public accounting and works exclusively in the nonprofit area serving membership based organizations, religious organizations, and social service organizations.

David has been a speaker on internal controls within small organizations, organizational ethics and accountability, and has been a guest speaker on The Nonprofit Spark Radio Show on the topic of preventing embezzlement through effective internal controls. He has also served as an instructor for the certification program for the National Association of Church Business Administration (NACBA).

Diocesan Convention with Michael Curry

October 26 – 28, 2018

The 2018 Diocesan Convention will feature a visit from Presiding Bishop Michael Curry. Make plans now to attend all or portions of this exciting gathering October 26-28th with Eucharist on both Friday and Sunday and Evensong on Saturday. This is something you do not want to miss!



Congratulations Graduates of EfM!

Education for Ministry (EfM) has been a part of the life of St. Paul's for many years. It is a unique four-year distance learning certificate program in theological Education based upon small group study and practice. EfM is designed to prepare lay persons to live out by word and deed the promises made at baptism: to love God, to serve Christ, and to proclaim the Gospel. It is administered by The School of Theology Programs Center of the University of the South in Sewanee, Tennessee.

EfM meets weekly for 36 months, starting in September and finishing at the end of May. It is more than academic learning – it is formation in Christian living, learning from each other, and giving yourself the gift of time and community to deepen your faith response to God in the world today. We have folks from different churches in EfM. All are welcome. The

present Mentors are The Revs Jean McCarthy and Diana Wright. Deacon John Doherty has been a faithful mentor of this group, and has moved on to serve as Diocesan EfM Coordinator.

This year we will graduate the four folks who have completed four years of study and formation: Nancy Kane, Sue Masid Kerss, Kimela Weisenborn, and Anna Whipple. We celebrate with them and will miss them this fall. LeCretia Burton, Jean Davis, Jennie McKinney, and Alan Patch have completed one year; Kimberly Patterson has completed 2 years; and Tom Tarbox has completed 3 years. Ask any of these folks about EfM.

EfM groups must have 6 participants, and cannot have more than 12.



There will be several slots available this fall. Consider this opportunity to explore and deepen your faith in a supportive community – that also likes to have a bit of fun doing it. And treats. We will form the 2018-2019 group this summer, with a deadline of August 1 for registration.

Jean McCarthy will be glad to talk with you about any questions you have, as well as the tuition and the details. Call or email: 515-3221-7232 or therevjeanmccarthy@gmail.com.

25th Celebration Steering Committee – summary

Dear Fellow Parishioners: below is a summary of current plans for the 25th celebration of St. Paul's as the liturgical center for the Diocese of Iowa.

- The rededication of our cathedral is November 18, 2018; presiding will be Bishop Scarfe
- A great party will follow the dedication
- A new logo and banner were created as a reminder of this important milestone
- Our theme is "Being a Cathedral" – how our sacred space serves our diocese and the City of Des Moines as well as our parish.
- Touring our sacred space – "Getting to Know Your Cathedral" planned and executed by the Property Committee May 20, June 3, June 10 and June 24
- New and modern St. Paul's brochure you can share with others inside and outside our parish walls
- Planned educational event in late summer or early fall in conjunction with Growing Iowa Leaders
- Special Organ Concert and Evensong Events

Additional highlights:

- Welcoming the convention delegates to Friday Eucharist

(10/26/18) and Saturday Evensong (10/27/18) held at St. Paul's. These are open events for the entire community

Most Important: You have already seen and heard about collecting your story. The stories of the people of St. Paul's are the true legacy we have to share – our point of remembrance. We ask that everyone who feels empowered to do so, submit a story of their relationship to St. Paul's in 300 words or less. Your story matters.

Watch this space for events as they unfold.

For any questions or ideas to share, please contact a member of the celebration steering committee: Mark Babcock, Sally Bates, Fr. Troy Beecham, Deacon John Doherty, Dr. Rebecca Gruber, Sue Kerss (PR chair), Elvin McDonald, Jolene Phelps (chair), Laurie Theis, Skeet Wootten, John Zickefoose.



Bus Stop Water Hospitality

When warm weather arrives, we will begin to show hospitality to people waiting for the buses which stop at 9th and High Street. Cold water will be available on our sidewalk with our church information.

Contact Deacon John (deacon@cathedralchurchofstpaul.org) if you would be interested in helping. Weekdays after 3pm is when the traffic is the heaviest. We hope to set up near that time and take down by 5pm depending on our schedules. You will only be responsible for set up or tear down as you choose.



St. Paul's Episcopal Cathedral T-Shirts for Sale!

We will have these T-shirts available for purchase soon! Watch for announcements. Sales will be during coffee hours in June while supply lasts.



Amelia Allaway, June 1
Becky Hird, June 2
John Halbrook, June 6
Judy Bannister, June 7
John W. Wetherell, June 9
Jo Anna Hebbberger, June 9
John Kerss, June 13
Bill Hornaday, June 14
Terry Melton, June 14
Chuck Seel, June 21
Sylvia Gillespie, June 25
Diane Hayes, June 25
Al Geiger, June 28
Ellen Cleveland, June 28
Julianne Allaway, June 29

HAPPY ANNIVERSARY to

Jan and John Doherty, June 8
Marilyn and Duane Sand, June 8
Katy Gammack and
Alex Ervanian, June 16
Judy and James Bannister, June 17
Patti and Bill Graham, June 18
Muffy and Henry Harmon, June 18
Elayne and Dean Bice, June 25

Would you like your birthday or anniversary included in the Journey? Please contact the Cathedral Office (515-288-7297) or visit <http://www.cathedralchurchofstpaul.org/about-us/contact-us/>



Calling All Artists and Volunteers!

Calling for Artists

We're excited to announce that the Cathedral will be participating in Art Week Des Moines this year with an Organ Concert & Art Show on Friday June 22. Back for its fourth year, Art Week Des Moines encourages different venues, organizations, and businesses to host events in a weeklong, city-wide celebration of the arts, leading up to the Des Moines Art Festival. If you're an artist, or know of someone who is, and would like to participate (or if you'd like more information) please contact Spivey Knapik svspivs@gmail.com 904-305-6459.

Volunteers Needed

Accompanying the Organ Concert & Art Show on June 22 will be a light reception. We're in need of volunteers to provide food & beverage donations (appetizers/finger foods) and to help with set-up/take-down and directing folks during the event. If you're able to help with either of these, or if you'd like more information, please contact Traci Petty: trpetty17@gmail.com 219-308-5591.

The Next Second Sunday Brunch Is Sunday, June 10 at

Come as you are, bring a friend, and get to know each other!



Our Second Sunday Brunch is increasingly popular! We invite all of our newer members, visitors, and parishioners to gather after the 10:00 service on Sunday, June 10th.. We will meet at Trellis, a jewel of a restaurant located in the Greater Des Moines Botanical Garden, where the cuisine is as colorful as the setting.

Chef Lisa LaValle, pictured on the right prepares healthy, inviting, delicious entrees, preparing a different menu each month using locally grown foods.

Chef Lisa LaValle and her team await us!

After brunch, parishioner Elvin McDonald, who is the Botanical Educator and Ambassador Emeritus for the Greater Des Moines Botanical Garden, will conduct a tour highlighting seasonal flowers including roses. The garden's collection also includes over 600 different varieties of coleus, and we will get to see the entire collection. Additionally the Show House will be part of the tour.



The Greater Des Moines Botanical Garden is located at 909 Robert D. Ray Drive in Des Moines. We will gather at noon. Seating is limited, so please RSVP to the Cathedral Office by calling 515-288-7297 or emailing administrator@cathedralchurchofstpaul.org.

St. Paul's Offers Text Giving!

TEXTTOGIVE

You can automatically give by texting the amount you wish to donate to this number: **515-207-8133**.

Safe and Secure Online Giving Now Available!



We now offer safe and secure online giving on our website by scanning the QR Code printed on the right. Credit and debit cards are accepted. You can set up an account or quick give. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Cathedral Preservation Fund, or Cathedral Arts.

The Journey is published 11 times a year, usually on the third Thursday of the month to reach homes by the first of the following month. Your articles, news, photos are welcome!!

The deadline for the July/August issue will be Monday, June 11.

Please email to administrator@cathedralchurchofstpaul.org
Or bring to the Cathedral Office.



Cathedral Church of St. Paul
815 High Street
Des Moines, IA 50309

Phone: 515-288-7297

Email: administrator@cathedralchurchofstpaul.org

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THE CELEBRATION OF OUR 25TH YEAR AS A CATHEDRAL CONTINUES!

See inside for details!

PLEASE BE SURE TO VISIT OUR WEBSITE: CATHEDRALCHURCHOFSTPAUL.ORG

The Cathedral Church of St. Paul • The Journey

