

***The Very Rev. Fr. Troy C. Beecham, Dean***

# HOLY WEEK WORSHIP SCHEDULE

**OUR HOLY WEEK AND EASTER SERVICES ARE  
OPPORTUNITIES TO FOCUS DEEPLY ON THE  
MYSTERY OF JESUS' DEATH AND RESURRECTION.**

**WE HOPE YOU WILL JOIN US!**

## Blessing of the palms and Passion Narrative

Includes reaffirmation of baptismal and ordination vows and blessing of holy oils.

*All are welcome to attend the Mass.*

Tuesday, March 27 and Wednesday March 28  
12 Noon, High Street Chapel

7 p.m. ~ Holy Eucharist and Stripping of Altar  
8 p.m. to Midnight ~ Prayer Vigil  
in the High Street Chapel

12 Noon ~ Liturgy with sung Gospel

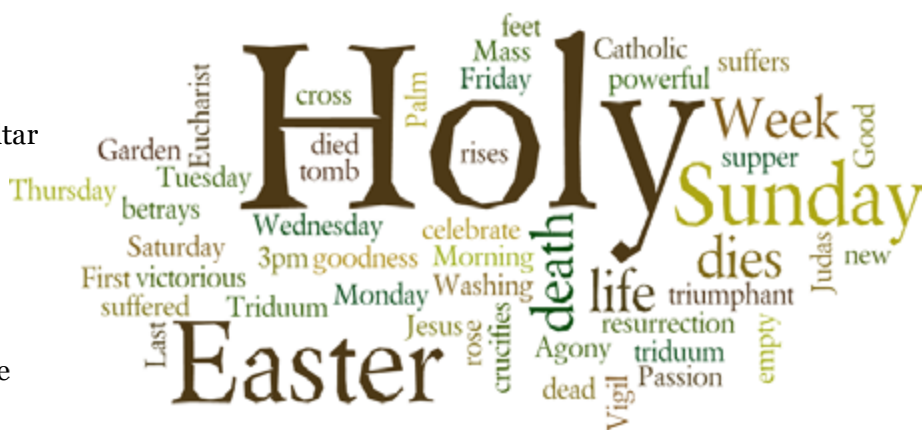
1:30 to 3 p.m. ~ The Downtown Way of the Cross with The Bridge Churches

**7:00p.m. ~ The Stations of the Cross at the Cathedral**

8 p.m. ~ Lessons and Lighting of the Paschal Fire  
with the First Eucharist of Easter to follow

8 a.m. ~ Holy Eucharist with Hymns!

10 a.m. ~ Festival Eucharist



**ST. PAUL'S**  
**EPISCOPAL CATHEDRAL**

# Keeping The Triduum Please Join Us For Holy Week

Straddling the two liturgical seasons of **Lent** and **Easter** in the church calendar, the **Easter Triduum** is a liturgical season in its own right and the shortest of the liturgical year.

This Latin word has long been used to describe various three-day observances when we celebrate the passion, death, and resurrection of Jesus Christ.

The season begins with the Holy Thursday Mass and continues on Good Friday with the Liturgy of the Lord's Passion. At the end of

## Easter Triduum



this liturgy, we leave the church in silence, waiting to celebrate the glory of our Lord's resurrection. Then, on Saturday at sundown, the Church re-gathers to celebrate the final, and most grand moment of the Triduum: the Resurrection of our Lord, and thus the greatest mysteries of the redemption are celebrated yearly by the Church.

Somewhat like a three-day prayer marathon, and if you are a novice (and even if you are not) there may be some rituals that are unfamiliar to you. We hope these illustrations will inspire as you walk and pray through the liturgies of this wonderful season, and we hope you will join us for these services.

## Holy Thursday: The Lord's Supper



Ford Maddox Brown  
*Jesus Washing Peter's Feet, 1852–1856*

The Triduum begins with the evening Mass of the Lord's Supper on Holy Thursday, which commemorates when the Eucharist was instituted at the Last Supper by Jesus. The traditional English name for this day, "Maundy Thursday", comes from the Latin phrase *Mandatum novum* – "a new command" (or mandate) – which comes from Christ's words: "A new commandment I give to you, that you love one another; even as I have loved you, that you also love one another" (John 13:34). The Gospel reading for the liturgy is from the first part of the same chapter and depicts Jesus washing the feet of the disciples, an act of servitude (commonly done by slaves or servants in ancient cultures) and great humility.

**Our Maundy Thursday Service is  
at 7:00 p.m. on March 29**





# Good Friday: Veneration of the Cross

This is the first full day of the Easter Triduum, a day commemorating the Passion, Cross, and death of Jesus Christ, and therefore a day of strict fasting. The liturgy is profoundly austere, perhaps the most simple and stark liturgy of the entire year. The liturgy of the Lord's Passion consists of three parts: the liturgy of the Word, the veneration of the Cross, and the reception of Communion. Although Communion is given and received, this liturgy is not a Mass; this practice dates back to the earliest years of the Church and is meant to emphasize the somber, mournful character of the day. The Body of Christ that is received by the faithful on Good Friday was consecrated the prior evening at the Mass of the Lord's Supper and, in most cases, was adored until midnight or another late hour.

**Our Good Friday Service is at Noon on March 30.**



Giotto de Bondone  
*Crucifixion, 1304–1306*



## Holy Saturday and the Easter Vigil

The ancient Church celebrated Holy Saturday with strict fasting in preparation of the celebration of Easter. After sundown the Christians would hold an all-night vigil, which concluded with baptism and Eucharist at the break of dawn. The same idea (if not the identical timeline) is found in the Easter Vigil today, which is the high point of the Easter Triduum and is filled with an abundance of readings, symbols, ceremony, and sacraments.

**Our Easter Vigil is at 8:00 p.m. on March 30.**

***Triumph over Death.*** This icon of the Resurrection, with Christ having kicked down the gates of Hades and pulling Adam and Eve out of the tombs. Christ is flanked by saints, and Satan—depicted as an old man—is bound and chained.



## Choral Evensong



4 pm, Sunday, March 18  
sung by the **Howells Scholars**



## Save the Date – Saturday, April 14

### 25th Anniversary Celebration of the Casavant Pipe Organ

**5:30pm** Dinner in the Undercroft (ticketed event)

**7:30pm** Recital by world acclaimed young organist, Christopher Houlihan. The recital is free and open to the public



*Organist  
Christopher Houlihan*

Christopher Houlihan is widely acknowledged as one of the brightest stars in the new generation of organists, praised by the media as “gifted” (New York Times), “dazzling” (Wall Street Journal), and “eloquent” (Los Angeles Times).

Highlights from the 2015-2016 season included debuts at the Kennedy Center in Washington, D.C., presented by the National Symphony Orchestra, and at the Kimmel Center in

Philadelphia, presented by the Philadelphia Orchestra. In 2014, Houlihan made his Disney Hall debut, performing with principal brass of the Los Angeles Philharmonic, for which the Los Angeles Times raved, “Houlihan is the next big organ talent.”

In the 2016-2017 season, Houlihan presented recitals across the country, and performing Poulenc’s Concerto for Organ and Saint-Saëns’ Symphony No.3 with the Columbus (GA) Symphony Orchestra and the organ concerto by Robert Edward Smith with the Boston Chamber Orchestra. In February of 2017, Houlihan released a new all-Bach organ CD on the Azica label, Christopher Houlihan plays Bach (Azica ACD-71314). The CD features Bach’s famous Passacaglia and Fugue in C minor and Houlihan’s own arrangement of Bach’s Italian Concerto, BWV 971.

Christopher Houlihan lives in Brooklyn, NY, is Director of Music and Organist at The Church of the Holy Apostles in Manhattan and Artist-in-Residence at Trinity College in Hartford, Connecticut. More information is at [ChristopherHoulihan.com](http://ChristopherHoulihan.com).

His rhythmic sense is clear-cut American. His feet elegantly tap dance on the pedals. Everything he plays is sharply and smartly delineated.”

—Mark Swed,  
*Los Angeles Times*

“Organ phenom who has already been called one of the brightest stars in the new generation of American organists....rising star of the organ world who already has his own fan club.”

—Janelle Gelfand,  
*Cincinnati Enquirer*

“Astonishing performance...He enticed listeners by engaging them with a friendly rapport in verbal program notes, then winning them over with performances that ranged from charming to overwhelming.”

—Michael Huebner,  
*The Birmingham News*





## Job Description

### St. Paul's Kitchen Manager

The kitchen manager serves as a member of the Property Committee and as the point person for assuring the on-going maintenance of the main kitchen at St. Paul's.

Is the point of contact for all individuals/groups who wish to use the kitchen--both members of St. Paul's and outside groups. Works with the Administrator to assure the space is reserved and no conflicts are present.

Works with groups/individuals to assure that they know the kitchen rules, and how to properly use appliances. Follow-up after use to determine if rules have been followed and the kitchen properly cleaned and items returned to the proper places. Checks to see that linens and dish towels are cleaned and returned in a timely manner.

Checks on refrigerator/freezer once a month and disposes of food items that are expired, past the use-by date, been frozen longer than 2 months, or are otherwise of questionable use.



Notifies the church administrator if appliances are not working properly and in need of maintenance.

Determines if supplies are needed, such as dish soap/sponges/tea/towels, etc., submits a requisition to purchase for approval, and submits the invoice to the financial secretary for reimbursement.



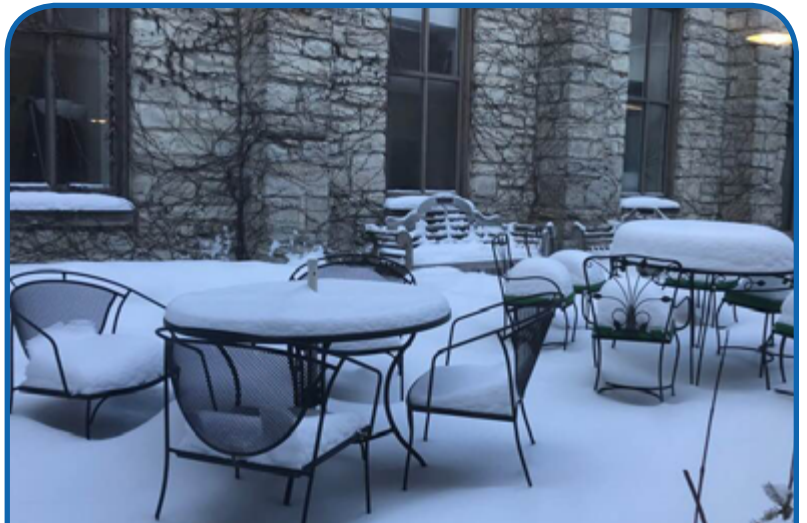
## March Shelter Meal Saturday, March 24, 2018

Our next Shelter Meal will be Saturday, March 24th. Please check the sign-up poster located in the parish house corridor and think/decide what food you can contribute. Please sign up if you will be bringing food so we don't purchase more than necessary. Monetary contributions are welcome anytime, and will be credited to your personal St. Paul's contributions. ***Thank you!***



*"O, wind, if winter comes, can spring be far behind?"*

*(Percy Bysshe Shelley)*



*Our thanks to Michael Leland for the photograph.*



# Annual Downtown Way of the Cross Procession

**Join us on Good Friday,  
March 30 at 1:30**

Join the annual downtown Way of the Cross procession & reflection on Good Friday, March 30, 2018. We will begin at 1:30 in front of First United Methodist Church (10th & Pleasant) and will proceed to St. Paul's Episcopal Cathedral, Elsie Mason Manor, Cowles Commons, the Polk County Courthouse, St. Ambrose Cathedral, St. John's Lutheran Church and Centurylink Park (North side of the Centurylink building at 9th and Pleasant).

Each stop will feature a reflection on Scripture. You are welcome to join at any point on the procession, and are welcome to carry the cross for a small part of the solemn walk. Families and children are encouraged to participate. The Way of the Cross is sponsored by The Bridge, an ecumenical initiative among the four downtown churches (First United Methodist, St. John's Lutheran, St.

Ambrose Catholic Cathedral, and St. Paul's Episcopal Cathedral).



## Making Palm Crosses

On Saturday, March 24th, at 10:00 AM the Altar Guild will be gathering to make palm crosses for Palm Sunday. If you would be interested in learning how to make the crosses, please join us. We would love to have you be a part of this ministry to St. Paul's.

# LET'S celebrate

**Happy Birthday** to the  
following March people!

Judy Spence, Mar. 4  
Stephanie Preusch, Mar. 7  
Mark Pritchard, Mar. 10

Sue Masid Keress, Mar. 10  
Murphy Burke, Mar. 11  
Clancy Lamoureux, Mar. 19  
Denise Linn, Mar. 21  
Kevin Cooney, Mar. 26

Marian Jacobs, Mar. 30  
Derek Sadler, Mar. 30

**Happy Anniversary** to

Anne & Buck Wheeler, Mar. 22

Would you like your birthday or anniversary included in the Journey? Please contact the Cathedral Office (515-288-7297) or go to our website and click on this link: <http://www.cathedralchurchofstpaul.org/about-us/contact-us/>



# Palm Sunday Procession for Peace

Sunday, March 25, 2018

## Palm Sunday Procession and Service for Peace:

The annual Palm Sunday Procession and Service for Peace will be held on Sunday, March 25th. The Procession, led by a donkey, begins at 3:00 PM in the parking lot at Westminster Presbyterian Church, 4114 Allison Ave., and ends at Holy Trinity Catholic Church, 2926 Beaver Ave., where the Service will be held. Keynote

speaker for the service will be the Rev. Alejandro Alfaro-Santiz, pastor of Trinity Las Americas United Methodist Church. We will raise our prayers, and strengthen our resolve to end all wars, seek a peaceful resolution to the conflict in Palestine/Israel, Syria, North Korea and other places, welcome immigrants and refugees of war, and insist that "War is not the answer." Participants are invited to carry placards with words calling for peace with justice.



## WE WANT YOU IN OUR PICTURE DIRECTORY.

Send both individual and family pictures to [deacon@cathedralchurchofstpaul.org](mailto:deacon@cathedralchurchofstpaul.org). For example, one of Jan Doherty, John Doherty, and one of them together. Portrait orientation is preferred format.

### St. Paul's Offers Text Giving!

**TEXTTOGIVE**

You can automatically give by  
texting the amount you wish  
to donate to this number:

**515-207-8133.**



### Safe and Secure Online Giving Now Available!

We now offer safe and secure online giving on our website by scanning the QR Code printed on the right. Credit and debit cards are accepted. You can set up an account or quick give. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Cathedral Preservation Fund, or Cathedral Arts.

The Journey is published 11 times a year, usually on the third Thursday of the month to reach homes by the first of the following month. Your articles, news, photos are welcome!!

***The deadline for the April issue will be Monday, March 19.***

Please mail to [administrator@cathedralchurchofstpaul.org](mailto:administrator@cathedralchurchofstpaul.org) Or bring to the Cathedral Office.





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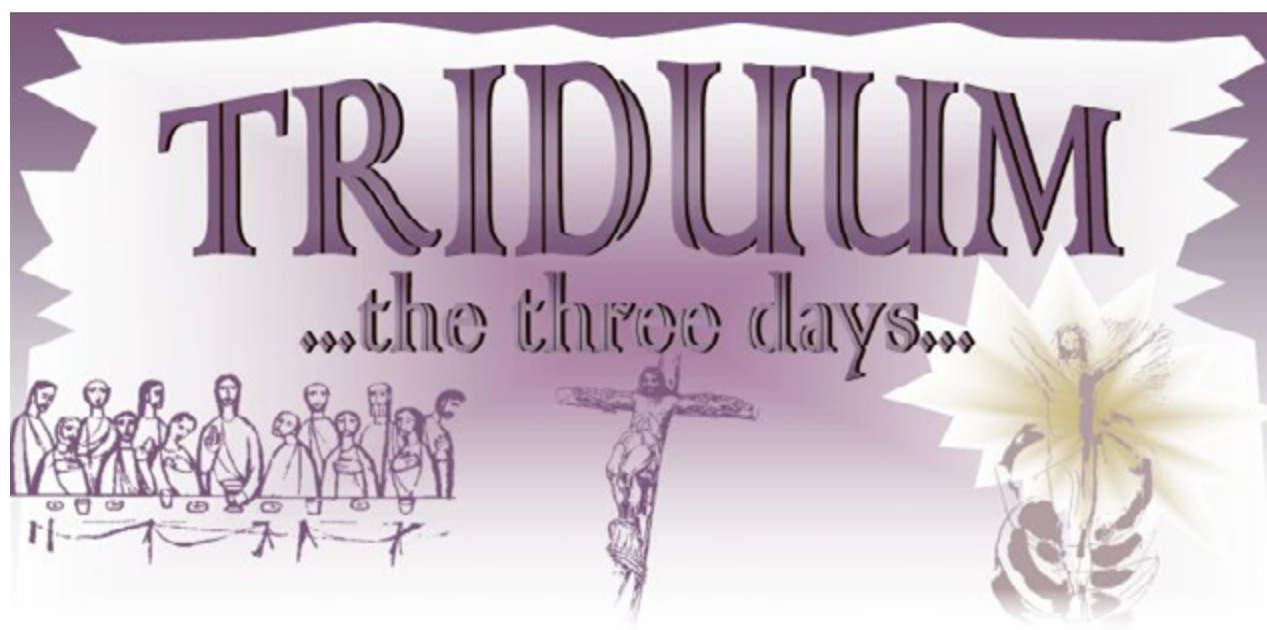
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