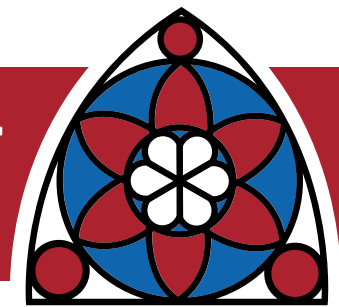


THE JOURNEY



A Newsletter of The Cathedral Church of St. Paul

The Very Rev. Fr. Troy C. Beecham, Dean

OCTOBER 2019

From the Dean

Recently a parishioner inquired of me if we could switch to the use of gender-neutral language in our Sunday worship liturgies. My response was that I would have to ask the bishop, which I did do. You might have noticed that some people in the parish use "God" instead of "Him" at certain points of the liturgy. So, in some ways, the use of gender-neutral language has been around for quite some time. At the General Convention of 2018, the promulgation of gender-neutral versions of our BCP liturgies were promulgated as trial use liturgies, with each diocesan bishop having the authority to authorize their use or not. Our bishop has authorized the use of these trial liturgies.

Before we actually delve into the liturgies themselves and look at the changes in language and theology that underline these changes, perhaps it would be helpful to frame this question within the larger question of language in our worship liturgies. NB, I will not address the use of gender-neutral language outside of Sunday worship in this article. That is an whole other conversation, though a related.

Here's is the definition from the Episcopal Church website:

"Spoken and written language that intentionally avoids word use that is needlessly gender-specific or exclusive. Inclusive language also means the use of male and female

imagery and metaphors in a balanced way to express the truths we know of God. Inclusive language may challenge the church to discover new depths of meaning and possibility in the words of faith that we use.

Traditional English usage referred to God and humanity with male pronouns. A male pronoun was often used "generically" when the pronoun could refer to either a woman or a man. This traditional English usage came to be perceived as demeaning and exclusive of women. It was judged to be offensive by women and men who called for a more inclusive use of language, especially in the life and worship of the church. This call for inclusive language was rooted in the theological understanding that God includes and transcends human masculinity and femininity. God is neither male nor female. Both women and men are equally loved and included by God and should be valued and shown respect in the church's language.

With the exception of Rite 1 services, the 1979 BCP uses inclusive language when speaking of people. For example, one version of the Nicene Creed in the Rite 1 Eucharist affirms that Jesus Christ came down from heaven "for us men and for our salvation" (BCP, p. 328). Although the clear intent is to include all humanity, only men are mentioned in this version of the Nicene Creed. In contrast, the first version of the Nicene Creed in the Rite 1 Eucharist and the Nicene Creed in



the Rite 2 Eucharist use more inclusive language to state that Jesus Christ came down from heaven "For us and for our salvation" (BCP, pp. 326, 358). Such use of inclusive language is found in contemporary biblical translation. The Revised Standard Version (1952) renders Jesus' statement recorded in Jn 6:35, "I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst." In contrast, the New Revised Standard Version (1989) renders the same statement in more inclusive language, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Supplemental liturgical texts and materials have been developed with sensitivity for inclusive language. A resolution of the 1985 General Convention called for the Standing Liturgical Commission to prepare inclusive language liturgies for the regular services of the church. This

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From the Dean ... continued from Page 1

resolution and subsequent legislation by General Convention led to the publication of Liturgical Texts for Evaluation (1987), Prayer Book Studies 30-Supplemental Liturgical Texts (1989), and Supplemental Liturgical Materials (1991). These resources include liturgies for Morning Prayer, Order for Evening, Evening Prayer, and Holy Eucharist, as well as supplemental musical materials for use in these services. The First Supplemental Eucharistic Prayer in Prayer Book Studies 30 prays to God who "remembered us from our beginning and fed us with your constant love," and "redeemed us in Jesus Christ and knit us into one body." The Second Supplemental Eucharistic Prayer prays to God who "took us by the hand, and taught us to walk in your ways." Even though we wandered away, God would not forget us, "as a mother cares for her children."

Concerns for inclusive language have been raised with respect to issues other than gender. There have been calls for language in the life of the church that includes and welcomes all people, whatever their race, age, ethnic or regional background, or sexual orientation."

These are the questions, terms/ word use, and plan to move forward as defined by our Church. I would dearly love to hear your thoughts and feelings about the subject and the trial use changes to the BCP liturgies.

Look for articles from me over the next several months as we will explore this question in greater depth.

Fr. Troy+

The Side Altar *By Fr. Zeb Treloar*

The side altar isn't the same kind of altar as the altar where we say the Eucharistic prayers. Rather it is called the "Saints' Sacrament Altar". This is the place where the reserved sacrament (the bread and wine that has become the Body and Blood of Christ) is kept. It's where Christ dwells and is taken out into the world by the clergy and Eucharistic Visitors. This is also where we baptize, welcoming new Christians into the family of God. It's where we meet for healing prayers. It's an active place!

On Sunday mornings, Eucharistic Ministers ensure all God's people have access to Christ's body and blood during the Eucharist by serving at the side altar. They serve those with gluten allergies, those with mobility issues, and all who desire to take in Jesus in that sacred space. We invite you to come, pray, and use this altar as a place of devotion to Christ who dwells among us.



Diocesan Convention

167th Annual Diocesan Convention

Saturday, Oct. 26, 2019 – Sunday, Oct. 27, 2019

Des Moines Marriott Downtown
700 Grand Avenue, Des Moines

For more information,
please visit the Diocesan website:
<https://www.iowaepiscopal.org/Convention/diocesan-convention.html>



Social Justice Immigration Team

With all of the immigrants coming to our borders, we hear many stories. Some are simply trying to make a better life, some are fleeing violence. Here are 2 that I have come across, one recently, and one decades ago. The first is a happy story of a young man from Morocco who works for a telecommunications business. He is bright, personable and has a bachelors degree from his country. When he heard about the lottery to come to the United

States, he decided to apply and got in. When I asked him why he applied, he said, with a wide grin, "It's America!"

The other story is not so happy. Years ago, I met a young man named Guillermo. He was from El Salvador. His father was shot in front of his house one evening by U.S.-backed government soldiers. Soon after, his mother had gasoline poured over her and was set fire, also by soldiers. Guillermo was tortured then, but released,

saying the next time they would kill him. He took his 2 year old sister and fled into the forest. They had no food and eventually his baby sister died. He tried crossing the border into the United States four times before he was successful. When I met him, he was living in a church in Cedar Rapids, a sanctuary church. Friends of the church would stay for 4 hours at a time to ensure that he was not taken from the church by Immigration. We got

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Social Justice Immigration Team ... continued from Page 2

to know each other very well that year. His favorite visits were when I took my son, who was 2 at the time. I don't know where Guillermo is now, but I hope he is safe.

My first friend came here the way he was "supposed" to- one of the tiny number of individuals chosen by lottery. I am glad our country has that process that allowed him to enter. My second friend's story happened decades ago in El Salvador when government troops were killing their citizens. Now, in El Salvador and Guatemala, it is not government troops, but gangs, with the exact same results. They are coming after young men, and if their families do not give them up, the entire family is threatened, tortured or killed.

These people are not wanting to "take advantage" of our country, they want to work. They want a better life, free from fear and violence. And we need them. The latest ICE raids were at factories where the immigrants we're working and paying taxes. We need them in the fields, we need them in our factories, we need them in our communities and churches. They add to our economy and the richness of our lives. And they need our support. In the Journey last month, you heard about Donna and Karla. Some of the proceeds from the Courtyard dinnerware are paying the application fees for their work permits. Hopefully, very soon, they can give back to this country that they see as home.

St. Paul's Cathedral Arts Series

Our 2019 - 2020 Cathedral Arts Series is underway and we hope you will join us.

Cathedral Arts Party

- Sunday 6 October from 4 – 6p
- Home of Mark Babcock and Anthony Braida, 1804 28th St., Des Moines, IA 50310
- Enjoy festive refreshments and entertainment. Learn about the 2019 -2020 Cathedral Arts Series and pledge your support.
- RSVP to the Cathedral Office by Monday 30 September.


Second Thursday Evensong Series Continues

- Thursday 10 October at 5:45p
- Light reception following
- Allow this 30-minute service of song, reflection, and prayer to become part of your spiritual discipline and a way to focus on God's beauty, hope, love, and peace in the midst of a broken world.



Cathedral Arts . . . Looking Ahead


- Sunday 3 November at 10a, Requiem by John Rutter, Cathedral Choir and chamber orchestra
- Sunday 10 November at 10a, Central College A Cappella Choir
- Thursday 14 November at 5:45p, Second Thursday Evensong
- Sunday 24 November at 4p, Festival Choral Evensong by the Howells Scholars



Mid-Week Bible Study

Begins Wednesday, October 2

Please join fellow parishioners for an hour of studying the Gospel for each upcoming Sunday. We will meet weekly on Wednesdays, beginning October 2. The group will meet at 10:00 in the Guild Hall. For more information, please speak with Fr. Troy.



Engaging All Disciples

ENGAGING
ALL
DISCIPLES
CALLED, FED, AND SENT
THE EPISCOPAL DIOCESE OF IOWA



Join us as we learn how to share our stories and invite others to experience what we have found through The Episcopal Church, followed by a shared dinner and worship service with Bishop Alan.

October 12, 2019 | 3:00pm - 7:00pm
St. Paul's Episcopal Cathedral

Hosted by: St. Paul's Cathedral
with St. Mark's, Des Moines



Save the Date – October Young Adults Gathering



Save The Date

What: Food, drinks, music, hymn-singing, conversation

Who: Young adult episcopalians across the metro (friends of episcopalians and episcopal curious folk are welcome, too)

Why: Many of our churches are small, but mighty. We want to make new friends, network together, and

learn where our hearts & minds are invested. Also, we love a good party!

What Else: Honestly, we have no idea what makes someone a young adult -- whether you're young, young-ish, or young at heart -- join us!

MORE DETAILS TO COME

**There won't be structured childcare provided, but kiddos are welcome!



Des Moines' Ecumenical Eatery

Connections Cafe

All are welcome to help make sandwiches after the ten o'clock service on Sunday, October 13. If you would like to help, please go to our website and click on that date in the calendar to sign up. If you work in downtown Des Moines, please consider helping to serve here at St. Paul's on Monday, October 14th from 12 – 1 p.m. You will be greeted enthusiastically!

Thank you!

Cabaret Evening Returns to St. Paul's: John Zickefoose sings "Songs I Taught My Mother"

By Jed Leland

On Sunday, October 20 John Zickefoose and Bruce Martin will present a program of songs in a cabaret evening benefiting the Connection Café. The event will be held in the Undercroft at St. Paul's. Doors open at 4:30 for the Silent Auction, refreshments and light hors d'oeuvres, and the performance is at 5:30. Tickets are \$30 per person, and \$250 for a table of 10. Tickets are sold by members of Bridge Board Churches or by contacting [Sally Bates at sallybat38@mchsi.com](mailto:sallybat38@mchsi.com) or Marilyn Sand at mmsand@aol.com.

Providing meals to those in need, The Connection Café is a program created by the Bridge, a collaboration of four downtown Des Moines churches: St. Ambrose Cathedral, First United Methodist Church, St. John's Lutheran Church, and St. Paul's Episcopal

Cathedral. As part of their mission to minister to the poor, an average of 140 meals are served Monday through Friday.

"Working at St. Paul's, I'm reminded daily of this outreach program's significance to our community, and Bruce and I are delighted to be asked to appear again," said Zickefoose. "Our fund-raiser in 2017 was highly successful, and we're looking forward to this new show, a selection of satiric, sentimental, and just-plain silly songs. People ask me how many songs I know – it must be over 1000 – and choosing which ones to perform is a treasure hunt. With songs by Kurt Weill, Jerome Kern, George and Ira Gershwin, Cole Porter, and Harold Arlen, and others, we will be in elite company, musically speaking, and sharing these songs with an audience gives me the greatest joy I've ever had



performing. The show's title, "Songs I Taught My Mother," isn't meant to be taken literally, but I liked the twist on the popular expression, and I did teach her some of them."



October Shelter Meal *Thursday, October 24, 2019*

Please sign up on our website, cathedralchurchofstpaul.org, or check the sign-up poster located in the parish house corridor. Please sign up if you will be bringing food or serving so we don't purchase more than necessary. Monetary contributions are welcome anytime, and will be credited to your personal St. Paul's contributions. This will be our last shelter meal for 2019. A thank you to all who have donated time, food, and talent to this outreach ministry. It takes many to feed many. If you are interested in this ministry, let Deacon John Doherty know as soon as possible. We are planning our 2020 calendar and need to make some decisions.



Lovejoy Volunteer Opportunity

Become a Volunteer! Read to a Child Today!

Everybody Wins! Iowa is a literacy and mentoring organization designed to help elementary-age children foster a lifelong love of reading by matching 1 student with 1 reading mentor for 1 hour each week.



LET'S celebrate

HAPPY BIRTHDAY OCTOBER FOLKS!

- Judy Svengalis, Oct. 1
- Melanie Scupham, Oct. 6
- Barbara Hein, Oct. 9
- Julie Linn, Oct. 10
- Nancy Geiger, Oct. 12
- Bruce Carr, Oct. 17
- Tracy Wheeler, Oct. 18
- Ben Allaway, Oct. 19
- Doug Hein, Oct. 19
- Sue Svenson, Oct. 21
- Marian Jacobs, Oct. 24
- Hulbert Bannister, Oct. 28
- Jessica Rowe, Oct. 29

HAPPY ANNIVERSARY TO THE FOLLOWING:

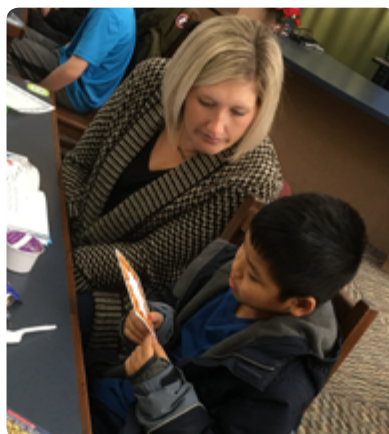
- Jim and Jill Ferguson, Oct. 19
- Diane Hayes and Tom Creviston, Oct. 31

Would you like your birthday or anniversary included in the Journey?
Please contact the Cathedral Office (515-288-7297) or visit
<http://www.cathedralchurchofstpaul.org/about-us/contact-us/>

Lovejoy Elementary
801 E. Kenyon Ave, Des Moines

Wednesday
2nd Graders – 11:20 – 11:50 AM
3rd Graders – 12:10 – 12:40 PM

To apply, visit our website at EverybodyWinsIowa.org for application under "Volunteer". To learn more, contact Anna Sunstrom at Volunteer@EverybodyWinsIowa.org or call 515-242-8462.



Stewardship Campaign

By Matt Petty

Our Stewardship Campaign Theme this year is "For the Fruit of All Creation."



Letters about this year's campaign are in the mail, and between October 20 and November 24, Christ the King Sunday, you'll be hearing from me and from others about what St. Paul's is doing and how we'd like you to help.

As the fall is upon us and the new pledging year 2020 is right around the corner, I am asking you to prayerfully listen to your church brothers and sisters and consider pledging to St. Paul's in 2020 if you haven't before.

Pledging (rather than giving sporadically) greatly increases our ability to plan financially for how ministry costs will be met month to month. If you have questions about this process, please check your bulletins from October 20 – November 24 for more info or feel free to ask me or any of the staff.

Financial Reports

Good news! Our expenses and income are at or better than budgeted expectations and we have no debt to other institutions. The finance committee has been busy evaluating a number of designated funds which are no longer in use and the number of investment and banking accounts we use. Deacon John has resumed financial and bookkeeping tasks at St. Paul's.



The harder reality is that \$95,000 of our income year to date 2019 is a budgeted draw from our endowments. The August 2019 financial reports can be viewed using the link below:

https://drive.google.com/file/d/1eNPtPL_MTOmWqD6QPVTkuHzTJtbrxx-a/view

Children's Liturgy of the Word *Fr. Zeb Treloar*

We began our Children's Liturgy of the Word program during the 10 am service on August 15. After the Gloria children ages 3-6 were sent forth into their classroom to learn and grow in Christ. We talked about what Gospel meant (Good News!), listened to Jesus tell us how we can be salt of the earth and light for the world, sang songs, and colored pictures to share with our neighbors at Connection Café. We even had time for some play! After all that, we came back into the worship service to share communion with the entire family of Christ. Our Children's Liturgy of the Word is designed to grow children's relationship with Jesus through lesson, song, and action.



(Pictures taken by John Stender-Custer)

United Thank Offering Fall Ingathering 2019

UTO Ingathering: Sunday, November 3, 2019

For, they said, "Christ has no hands but our hands to do His work on earth. If we don't feed the hungry, give drink to the thirsty, listen to the stranger, visit the imprisoned, and clothe the naked, who will?" Christ is depending on us to do the very things which He did while upon earth. Brothers and sisters, if the gospel we hear does not have a social application, if it will not work effectively in the work-a-day world, then it is not the Gospel of Christ. With that thought in mind, the Spring United Thank Offering (UTO) will be

held Sunday, November 3, 2019. At this time, you can help with feeding the hungry, provide water to drink, and brighten the lives of others that are among us. A UTO Ingathering envelope will be available in the bulletin to enclose your contribution. You can also pick up a blue box (mite box) for your "coins of thanksgiving" that reflect daily gifts we receive from God. The next Ingathering will be Sunday, November 3, 2019 (All Saints Day). At this time all monies will be received.



For more information on how your gifts are used the website www.episcopalchurch.org/uto is a place where you can see the many places that UTO is working in the lives of those around the world. More information will be available during the 8 o'clock and 10 o'clock coffee hour.



Keeping Us Safe

The church has purchased and installed 2 HeartStart AED's (Automatic Electronic Defibrillators) in our church; one is just outside the dean's office on the church and classroom level.

The other is in the undercroft, lower level. Each also includes a first responders kit which includes aids to stop bleeding or to provide artificial respiration.

The cabinets are alarmed, so if opened an audible alarm will sound. There is also a new medical supply kit in the upstairs kitchen.



Give Online, It Is Easy.

Do it once or you can set up reoccurring gifts. Print a record of your giving anytime. No cash, no check book? No problem. You can text 515-207-8133 to give to the church. If you need to update or change your information, call the Cathedral Office (515-288-7297).

St. Paul's Offers Text Giving!

TEXT TO GIVE

You can automatically give by texting the amount you wish to donate to this number: **515-207-8133**.

Safe and Secure Online Giving Now Available!

We now offer safe and secure online giving on our website. Credit and debit cards are accepted. You can set up an account or quick give. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Cathedral Preservation Fund, or Cathedral Arts.

The Journey is published 11 times a year, usually on the third Thursday of the month to reach homes by the first of the following month. Your articles, news, photos are welcome!!

The deadline for the November issue will be Thursday, October 17.

Please email to administrator@cathedralchurchofstpaul.org
Or bring to the Cathedral Office.

Our Mission Statement

The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.



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Email: administrator@cathedralchurchofstpaul.org

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Look Inside!

Gender-neutral Language
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And more!

PLEASE BE SURE TO VISIT OUR WEBSITE: CATHEDRALCHURCHOFSTPAUL.ORG

