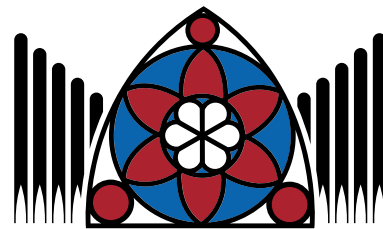


THE JOURNEY



CELEBRATING 25 YEARS 1993-2018

A Newsletter of The Cathedral Church of St. Paul

The Very Rev. Fr. Troy C. Beecham, Dean

MAY 2018

Getting to Know Your Cathedral



As part of the 25th Anniversary of St. Paul's becoming an Episcopal Cathedral, we are offering a series of events presenting some features of our Cathedral that may not be well known.

This event will consist of four gatherings, two presentations each, and will be held after both services, around 9:15 a.m. and

11:20 a.m. Each presentation will last about 15 minutes, with time for questions afterward.

Please mark your calendars with the following dates:

May 20 - "The Underground" (Kitchen, Chapel, and Columbarium) led by Anne Reasons and Paolo Bartesaghi

June 3 - "Exploring the Labyrinth and Quiet Garden" led by Deacon John Doherty and Elvin McDonald

June 10 - "Architecture and Stained Glass Windows" led by John Wetherell and Vicki Ingham

June 24 - "Behind the Scene Of the Liturgy" led by Phyllis Blood Melton and Mark Babcock

We encourage everyone to attend and enjoy this wonderful learning experience. If you have any questions, please speak with Paolo Bartesaghi.



815 High Street, Des Moines, IA 50309
(515) 288-7297 • cathedralchurchofstpaul.org



ST. PAUL'S
EPISCOPAL CATHEDRAL

From the Dean

Ah! my heart is weary waiting,
Waiting for the May;
Waiting for the pleasant rambles
Where the fragrant hawthorn
brambles,
With the woodbine alternating,
Scent the dewy way;
Ah! my heart is weary, waiting,
Waiting for the May.

-Denis Florence McCarthy,
Summer Longings

Has ever a springtime been so
desired, with winter clinging on so
late? For many, this past long season
of cold and darkness has been one
of weary watching and waiting, and

goodbye'ing. I pray that this Eastertide
Spring, though late in appearing,
will renew again our joy and hope
in the promise of new life. And not
just the new life of the ever circling
years, but turn our hearts even more
to remember the loving promise
of everlasting life, the everlasting
Springtime of the bridegroom's feast,
an eternal communion poured from
the fruit of the trees that bloom in
the new Jerusalem for the healing
of the world, on the great day when
he shall rise shining as a new sun in
the East, our weary hearts rejoicing,
and our troubled world restoring.

Let us pray, friends, to be renewed
in this faith, which gives hope to all
in whom it lives, and to share this
faith, this hope and trust in the one



who is faithful his promise to fulfill,
with every weary and wounded
soul we encounter, that they, with
us, might know in joy this sweet
communion with Jesus, who's
dawning is so soon to appear.

Sunday, May 20; UTO Spring Ingathering



The Spring United Thank Offering (UTO) Ingathering will be held on Sunday, May 20, 2017. You are invited to "count your blessings"--those coins you have put in the Blue Box in thanksgiving for large and small daily gifts from God that brighten your life and the lives around you. A UTO Ingathering envelope will be included with the bulletins to enclose and offer your cash or check for the

amount of your blessings. Checks should be made payable to The Cathedral Church of St. Paul, with UTO on the memo line. Send or bring it to church so that it can be joined with the thank offerings of other Episcopalians.

Our Fall, 2018 In Gathering total offering was \$574.57.

Gifts to the United Thank Offering Memorial and Gift Trust Fund may be made at any time. A special tribute of thanksgiving is appropriate in loving recognition of devoted leadership, ministry and faithful service. Special events as birthdays, anniversaries, graduations may be recognized. Gifts also may be made in loving memory of a cherished friend, relative, or church leader. Brochures with attached mailing envelopes will be available with the UTO Ingathering envelopes, and your gift is tax-deductible.

JOIN US FOR MORNING mingle

Our next Morning Mingle Young Professionals Networking Event will be on Wednesday, May 2 at 7:30 a.m.

COFFEE DONUTS NETWORKING

Morning Mingle is a free, fun, and open to the public networking event that allows Young Professionals to meet new, like-minded people in our community. Please invite Young Professionals you know and encourage them to attend to help make this event a success!



Choral Evensong

4 pm, Sunday, May 6

sung by the
Howells Scholars



29th Annual Episcopal Diocese of Iowa Summer Ministry School & Retreat *June 22 - 24, 2018*



Begins at 6:30 p.m. Friday and
finishes on Sunday with 10:45
a.m. Eucharist and lunch.

Fun, Learning and Worship for
the whole family! Kids entering

grade 3 and younger: Free
Childcare during track time.

Youth Track (entering grades
4-12) kicks off on Friday
with a pizza party!

Adults: See which learning
track captures your imagination
or fits your needs, and you'll
spend 8 hours delving into
that subject over the course
of the weekend. Or take a solo
retreat--let someone else cook,
find a quiet repose away from
the hubbub of home with no



Cathedral Life

There are several active
dinner groups at St. Paul's.
If you would like to join
one, please let us know.
You will be put in touch
with one of the existing
groups until we get
enough to start yet another
group. The groups meet
at different times on days
of their convenience.

distractions. Enjoy the rhythm of
the Daily Office and enjoy casual
time with friends old and new!

Take advantage of special savings
and ensure your track choice is
still available: register by May
15, 2018. For more information
contact Elizabeth Adams at the
Diocesan Office by emailing
eadams@iowaepiscopal.org



Summer Ministry
School and Retreat
June 22-24, 2018



Kitchen Use Guidelines & Volunteer Opportunity



Kitchen News

By now everyone should have seen St. Paul's beautiful new kitchen. The Property Committee is very pleased with how it looks, and the new arrangement of supplies. Now we want to do everything possible to assure that it continues to be a clean, useful, and accessible place for everyone who wants to use it.

To that end, the Committee and Chapter are establishing some simple policies for use of the kitchen. A full set of those policies will be posted soon, along with information on the location of supplies and how to use some of the equipment. But for now, please remember these short rules:

1. If you use it, clean it and put it away where you found it. This includes dish towels and linens.
2. All items stored in the refrigerator and freezer should be labeled with the intended date of use and purpose.
3. If you bring disposable cups, plates, and flatware for your event, take the unused items home with you.
4. Please schedule any planned kitchen uses so it can be placed on the calendar. A primary contact person should be identified.
5. The floors and countertops should be clean when you're finished. The countertops can be wiped with a wet cloth or sponge. A Swiffer, both dry and wet, is in the kitchen for the floors.

The Property Committee is looking for a volunteer kitchen manager. Please consider volunteering; contact Phyllis Melton with any questions.

Finance Corner

Are you tired of remembering to write out that weekly or monthly donation check?

Try out our online giving option!! It is easy as well as safe and secure. Go to:

<http://cathedralchurchofstpaul.org/>

Click on the Donate Online Link for these Options:

- Set up an account (user id and password)
- Quick Give (no login needed)
- Scheduled Giver (automatic/recurring gift)
- My Account (shows your info)

Tips for selecting a secure website:

1. Make sure you have entered the web address correctly.
2. Always look at the address box before entering personal information. A secure website will have an "s" after the http. Example: <https://my.e360giving.com/g3/>

Questions on how to do this? Ask Tracey by emailing financial@cathedralchurchofstpaul.org.



Jo Anna Hebberger to Speak at Franklin Avenue Library

On Wednesday, May 9th at 2:00 p.m. parishioner Jo Anna Hebberger will speak at the Franklin Avenue Library on the benefits of using native plants in homeowner's landscaping and how our personal landscapes are interconnected with many other things, since what we plant in our yards can have effects far beyond our small patch of land. The event is open to the public, and all are welcome.

Wednesday, May 9 at 2:00 p.m.

Franklin Avenue Library, 5000 Franklin Avenue
Des Moines



Update from Community Action, a subcommittee of the Outreach Cloister

Since Spring 2017, a group of us at the Cathedral who are interested in U.S. immigration policy and the plight of undocumented immigrants have been meeting to study the U.S. immigration system: how it works, its enforcement and current policies, and the situation in Iowa regarding documented and undocumented immigrants. Our goal has been to understand the issues, stimulate conversation and engagement within the parish, and encourage the Cathedral to discover how it might minister to the immigrants among us, including discerning our role in the New Sanctuary Movement.

One thing we felt that we could offer as individuals is to accompany persons or families checking in with Immigration and Customs Enforcement (ICE) if they request community support. For several decades, undocumented immigrants who were known to ICE but considered a low priority for deportation (because of a clean criminal record and strong ties to the community) had to check in regularly with the ICE field office, but

it was largely a matter of routine. Individuals applying for asylum are also required to check in. Detention and deportation are expensive: In fiscal 2016, ICE spent \$3.2 billion to identify, arrest, detain, and deport undocumented immigrants, according to the Department of Homeland Security. With limited enforcement resources, ICE has had to decide how best to use its resources, and decisions about whom not to deport are just as important as those about whom to deport.

Now, however, with the current emphasis on deporting all undocumented immigrants, regardless of their behavior and contributions to the community, ICE check-in appointments have become even more fraught with tension and fear for the individuals involved. The possibility of being immediately detained and deported is very real.

In Des Moines, as in other cities across the country, members of churches and human rights organizations have responded by offering to accompany undocumented immigrants to their check-ins. This takes place at the

Federal Building downtown and is organized by the American Friends Service Committee. If members of the community are present, it makes it harder for people to be disappeared. Usually 15 to 20 people attend the accompaniments. Only one or two may go in with the individual keeping his or her appointment, and the rest remain nearby, offering prayers while waiting. Providing this kind of presence shows our solidarity with the vulnerable, helps ease their anxiety, and reduces the likelihood of disappearance. If a problem arises, the companions can quickly notify family, friends, or legal counsel.

Other organizations and churches in Des Moines offering accompaniment include American Friends Service Committee, Unitarians, Lutherans, Presbyterians, Methodists, and Disciples of Christ.

This is a first step for us as members of the Cathedral, and we continue to engage prayerfully in discussions about next steps.

—Vicki Ingham



May Shelter Meal

Thursday, May 24, 2018

Did you know that St. Paul's is the Central Iowa Shelter & Services' longest consistent donor of monthly financial support? In addition to special collections taken for CISS, St. Paul's has for years served a meal once a month at the shelter. Please check the sign-up poster located in the parish house corridor and think/decide what food you can contribute. Please sign up if you will be bringing food so we don't purchase more than necessary. Monetary contributions are welcome anytime,

and will be credited to your personal St. Paul's contributions.

Thank you!



Special Note: Our long time ministry of providing a monthly meal at Central Iowa Shelter is in need of volunteers. Please review our needs for this vital community service. We are receiving fewer donations of food and therefore having to purchase more food. The number of servers has diminished and often there has been no one to deliver the food to the shelter or begin the set up and start the ovens. Please visit cathedralchurchofstpaul.org/food-ministries to sign up to volunteer.

Jesus said, "Feed my sheep" three times lest we forget.

LET'S celebrate

HAPPY BIRTHDAY to the following May people!

Nancy Morton, May 3
Bishop Alan Scarfe, May 3
Marilyn Sand, May 5
Dee Vickery, May 7
Zoe Rawson, May 18

Tommy Thompson, May 18
Loretta Baker, May 19
Helen Dagley, May 24
Donald Sherinian, May 25
Anne Reasons, May 26
Aidan Champion, May 27
Paolo Bartesaghi, May 28
Linda Garten, May 30

HAPPY ANNIVERSARY to

Denise and Scott Linn, May 6
Martha and Russell Benda, May 26
Jason and Diana Palmer, May 28

Would you like your birthday or anniversary included in the Journey? Please contact the Cathedral Office (515-288-7297) or visit <http://www.cathedralchurchofstpaul.org/about-us/contact-us/>





WE WANT YOU IN OUR PICTURE DIRECTORY.

Send both individual and family pictures to deacon@cathedralchurchofstpaul.org. For example, one of Jan Doherty, John Doherty, and one of them together. Portrait orientation is preferred format.

St. Paul's Offers Text Giving!

TEXTTOGIVE

You can automatically give by texting the amount you wish to donate to this number: **515-207-8133**.

Safe and Secure Online Giving Now Available!



We now offer safe and secure online giving on our website by scanning the QR Code printed on the right. Credit and debit cards are accepted. You can set up an account or quick give. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Cathedral Preservation Fund, or Cathedral Arts.

The Journey is published 11 times a year, usually on the third Thursday of the month to reach homes by the first of the following month. Your articles, news, photos are welcome!!

The deadline for the June issue will be Monday, May 14.

Please email to administrator@cathedralchurchofstpaul.org
Or bring to the Cathedral Office.



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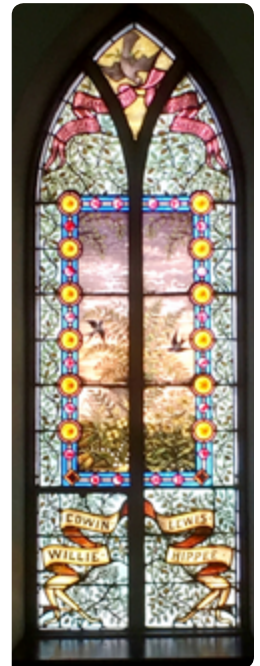
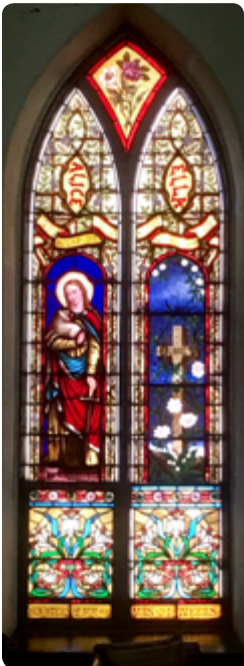
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JOIN US

for our “Getting to Know Your Cathedral” Series
as part of our 25th Anniversary Celebration!



PLEASE BE SURE TO VISIT OUR WEBSITE: CATHEDRALCHURCHOFSTPAUL.ORG

The Cathedral Church of St. Paul • The Journey

