

## Celebrating Pentecost at St. Paul's

The word *Pentecost* is Greek and it means "50th day."

Fifty days after Easter Sunday, we celebrate the coming of the Holy Spirit upon the Apostles and their followers—the beginning of their Earthly ministry to make disciples of all nations. In the Christian liturgical year it became a feast commemorating what is described by some Christians as the "Birthday of the Church."



On that day, the Apostles and their followers gathered together. Jews from all over the world were there as well, gathered with Peter, the leader of the Apostles the Eleven. Suddenly, a great wind blew and a flame appeared as a tongue of fire which split itself into many individual flames above the heads of all those present. Thus, the Holy Spirit came upon these people and each began to speak in tongues. Despite the fact many had no common language, they were perfectly able to understand one another.

Others, who were not so blessed, accused those speaking in tongues of being drunk, but Peter arose and addressed the crowd, explaining that it was only 9 o'clock, and that this phenomenon was not intoxication, but rather the work of the Holy Spirit, as prophesized in the scripture. Peter then called all those present to be baptized and about three thousand people were baptized that day.

The symbols of Pentecost are the flame, wind, and the dove, which represents the Holy Spirit. The color of Pentecost is red, the priest wears red vestments, and parishioners are also invited to wear red on this day. Red decorations as well as celebrations are appropriate, similar to any other birthday.

Pentecost at St. Paul's will be a very special Sunday, and we hope you will join us. Inside this issue are further details!



A detail from St. Paul's "Rose Window" with a dove as a symbol for the Holy Spirit.

According to Vicki Ingham's book *Illuminated History Stained Glass at the Cathedral Church of St. Paul*, "The dove as a symbol for the Holy Spirit comes from Matthew 3:16, which describes the Holy Spirit descending upon Jesus like a dove. It appeared in Christian art as early as 359. This image combines several traditional ways of depicting the Holy Spirit as a dove—the nimbus or halo framing its head, rays of light streaming from it, and a scattering of stars around the tail and wings to symbolize Heaven."



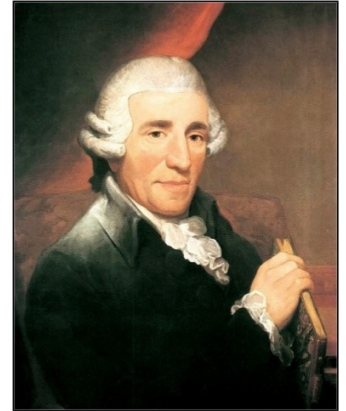
## Please Join Us On Sunday, June 4

Haydn in Plain Sight (and Glorious Music Also)

St. Paul's Cathedral Choir sings the mass at the 10:00 service on June 4 in a setting by Franz Joseph Haydn. The Missa brevis (or "short mass") in F major is scored for mixed chorus, two violins, organ, and two soloists—a soprano and a mezzo-soprano. It is one of the composer's earliest works, displaying a melodic sweetness and economy of composition.

The special music for the day will add a festive tone to worship, so please consider inviting someone to the Cathedral to worship with you.

**Missa brevis in F**  
**By Franz Joseph Haydn**  
**Sung by St. Paul's Cathedral Choir**  
**Sunday, June 4 at the 10:00 service**



Haydn biographer James Dack suggests that Haydn originally composed this work when he was a teenaged chorister at St. Stephen's Cathedral in Vienna (c. 1750), and that he reëncountered it in 1805.

In the mean time he had experienced an illustrious career, but after about 1802 illness had reduced him to an invalid, unable to compose.

Chance returned to him this youthful composition, and recovering this child, lost fifty-two years before, gave the parent great joy [Dack writes]. Thereupon, he examined it attentively, perceived it was not unworthy of him, and remarked, "What specially pleases me in this little work is the melody, and certain youthful fire."

## Our Spring UTO INGATHERING is Sunday, June 4

The Spring United Thank Offering (UTO) Ingathering will be held on Sunday, June 4, 2017. You are invited to "count your blessings"—those coins you have put in the Blue Box in thanksgiving for large and small daily gifts from God that brighten your life and the lives around you. A UTO Ingathering envelope will be included with the bulletins to enclose and offer your cash or check for the amount of your blessings. Checks should be made payable to The Cathedral Church of St. Paul, with UTO on the memo line. Send or bring it to church so that it can be joined with the thank offerings of other Episcopalians. The total given by St. Paul's for the fall, All Saints UTO Ingathering on November 6, 2016, was \$693.80. The size of the Ingathering is not as important as the practice of thanksgiving.

Your prayers and offerings have built churches and schools, made needed renovations, fed the hungry, clothed the poor, provided shelter for the homeless, and have provided support for those with physical, mental, and emotional challenges. AIM donations during the month of May will be added to UTO Ingathering offerings. More UTO information will be available during each coffee hour on June 4, including about the Memorial and Gift Trust Fund. This is a way one can give thanks and honor an individual or group with a permanent recorded remembrance.

Sweet treats will be provided by the Outreach Cloister during the coffee hours.





**The Next Second Sunday Brunch Is Sunday, June 11 at Trellis**  
*Come as you are, bring a friend, and get to know each other!*



Our Second Sunday Brunch is increasingly popular! We invite all of our newer members, visitors, and parishioners to gather after the 10:00 service on Sunday, June 11th.. We will meet at Trellis, a jewel of a restaurant located in the Greater Des Moines Botanical Garden, where the cuisine is as colorful as the setting.

Chef Lisa LaValle, pictured on the right prepares healthy, inviting, delicious entrees, preparing a different menu each month using locally grown foods.

*Chef Lisa LaValle and her team await us!*



After brunch, parishioner Elvin McDonald, who is the Botanical Educator and

Ambassador Emeritus for the Greater Des Moines Botanical Garden, will conduct a tour highlighting seasonal flowers including roses. The garden's collection also includes over 600 different varieties of coleus, and we will get to see the entire collection. Additionally the Show House will be part of the tour.

The Greater Des Moines Botanical Garden is located at 909 Robert D. Ray Drive in Des Moines. We will gather at noon. Seating is limited, so please RSVP to the Cathedral Office by calling 515-288-7297, or email at

[administrator@cathedralchurchofstpaul.org](mailto:administrator@cathedralchurchofstpaul.org).



**Greater Des Moines  
Botanical Garden**



## **Sanctuary Discernment Team Update**

### **A HISTORY OF MERCY**

Sanctuary has a long history in our faith. We have at the very roots of our tradition the establishment of six cities of refuge on the plains of Jordan (Numbers 35). The practice dug itself into the earliest forms of the church, from which grew official legal recognition with the Theodosian Code of 392 that lasted until being cut down by King Henry VIII (Davidson, 2014).

The essence of sanctuary is the provision of refuge in time of need. Though the needs of ancient Israel, the Middle Ages, and 21st century America are different, there is a genealogy of justice and mercy that links each manifestation of the movement through the history of the church into the present day.

The six cities of refuge outlined Numbers 35 (and Deuteronomy 19) were for the protection of a person who had accidentally taken another's life, established so that "no innocent blood shall be shed." Verse 33 emphasizes the monstrosity of inflicted death, stating that no expiation can be made for a land tainted by bloodshed except by the "blood of the one who shed it." Yet justice is met by the preserving of life; mercy is shown to the innocent in protection from vengeance and to the land through prevention of bloodshed.

Even with its legal recognition, sanctuary existed at the prerogative and under the jurisdiction of the church for over a thousand years. Medieval sanctuary existed both as a protection from the law and as access to it. Once a person had received sanctuary in a church, the bishop would grant a period of safety within the building, after which they

were likely to stand trial in the King's court, though provision would be made by the bishop with the state that private punishment or vengeance would not be exacted on the seeker after leaving the church building (Stanton, 2010). This is a critical point – those who sought sanctuary were guilty of felony level crimes, including murder, thievery, and running away from one's owner. Here, as in ancient Israel, sanctuary acted in part as a way to prevent vengeance killings. As the practice spread throughout Europe, it became a source of conflict between church leaders and state rulers, yet the church understood its power of providing sanctuary as coming from God, and preeminent to any claim of the state (Kendall, 2014).

The principle (though not the terminology) of sanctuary first became manifest in the United States as the Underground Railroad. This movement was clearly in violation of the laws of the time, yet surely holds the weight of all justice and mercy against the slave system. Sanctuary as a term and a practice began in the 1980s during crises in El Salvador, Nicaragua, and Guatemala that led thousands to flee to the United States in hopes of asylum. Due to some shady politics and an untenable immigration system, asylum was almost universally denied. Beginning with a church in Tucson, AZ, a movement was born to provide shelter and support to the refuge seekers. The churches not only saw themselves as acting out the mercy and justice of their faith, but also enacting the United States' own neglected codification of justice. The sanctuary movement reemerged in 2006, again in response to a persistently unworkable immigration situation.

*Continued on page 5*

#### **Sanctuary Discernment Team Meeting ~ June 4th after the 10:00 Service**

We'd like to invite anyone who feels so called to be involved with the Sanctuary work and conversation to join the Discernment Team. The Team will facilitate further discussions, hold informational and educational sessions, help lead us as a congregation through the process of discerning our role, and work out the details of what this will look like for St. Paul's. And don't worry if you're not well-versed on the Sanctuary Movement – we'll provide the education needed to become knowledgeable on the topic. Please thoughtfully and prayerfully consider whether you are feeling moved to be a part of this team. Our first meeting will be after the 10am service on June 4th, downstairs in the undercroft.

If you are unable to attend but would like to be a part of the team, please contact: Traci Petty [trpetty17@gmail.com](mailto:trpetty17@gmail.com) or Spivey Knapik [svspivs@gmail.com](mailto:svspivs@gmail.com)

*Sanctuary, continued from page four*

Sanctuary has only ever been the most desperate of mercies. There is no place in history, including today, where seeking sanctuary is anything but a last resort. But history also testifies to the existence of liminal transgression, where law, reality, perception, and personhood do not parse into clear categories of purity and punishment. In such situations mercy is paramount and justice must be deeply probed.

There is a human crisis in our nation right now. Human life has been valued in terms of paper and politics; family, livelihood, and community become the pulp discarded with the refuse in the name of

expediency. 'Sanctuary' is so often portrayed as partisan, or stuck in conversations of legality and liability within U.S. law. But sanctuary is much older than this spongy moss of laws and policy and is intrinsic to the practice and being of the church. We are called to love fully, heedless of ourselves and our comfort and our identities as anything other than branches on the vine of Christ. And with this call, with this history, with our traditions and our resources, we are uniquely positioned to meet this human crisis, becoming once again a refuge to those seeking justice and in need of mercy.

*Traci Petty and Spivey Knapik*

## Outreach Activities

**Our June Shelter Meal will be served on Saturday, June 24, 2017**

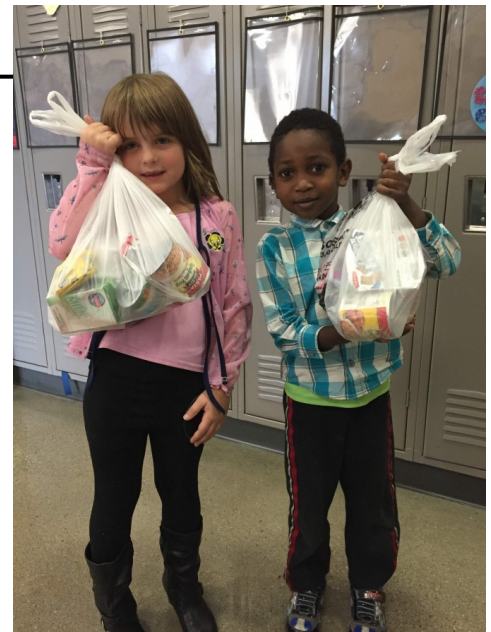
Did you know that St. Paul's is the Central Iowa Shelter & Services' longest consistent donor of monthly financial support? In addition to special collections taken for CISS, St. Paul's has for years served a meal once a month at the shelter. Our next Shelter Meal will be Sunday, January 24th. Please check the sign-up poster located in the parish house corridor and think/decide what food you can contribute. Please sign up if you will be bringing food so we don't purchase more than necessary. Monetary contributions are welcome anytime, and will be credited to your personal St. Paul's contributions. *Thank you!*



### SUMMER FOOD PROGRAM

One in five Iowa children does not have enough to eat. This becomes an even greater problem during summer break.

We are looking for volunteers to help serve summer meals that are packed at school for kids every day of the summer. You can be a part of feeding kids in the community daily this summer. The volunteer would serve the packed sack lunches at 1650 Garfield Avenue (MLK Park). There will be 60-70 kids total (not at once). The volunteer will have to be there at 11:30am until 12:15pm as the kids have to eat on site. The program will run every week day from June 5th until August 11th except July 4th. You may sign up for one or more days. For more information, you can speak with Jessy Sadler; you can also go to our website and click on the link. Thank you!







## Coffee Hour Hosts Needed

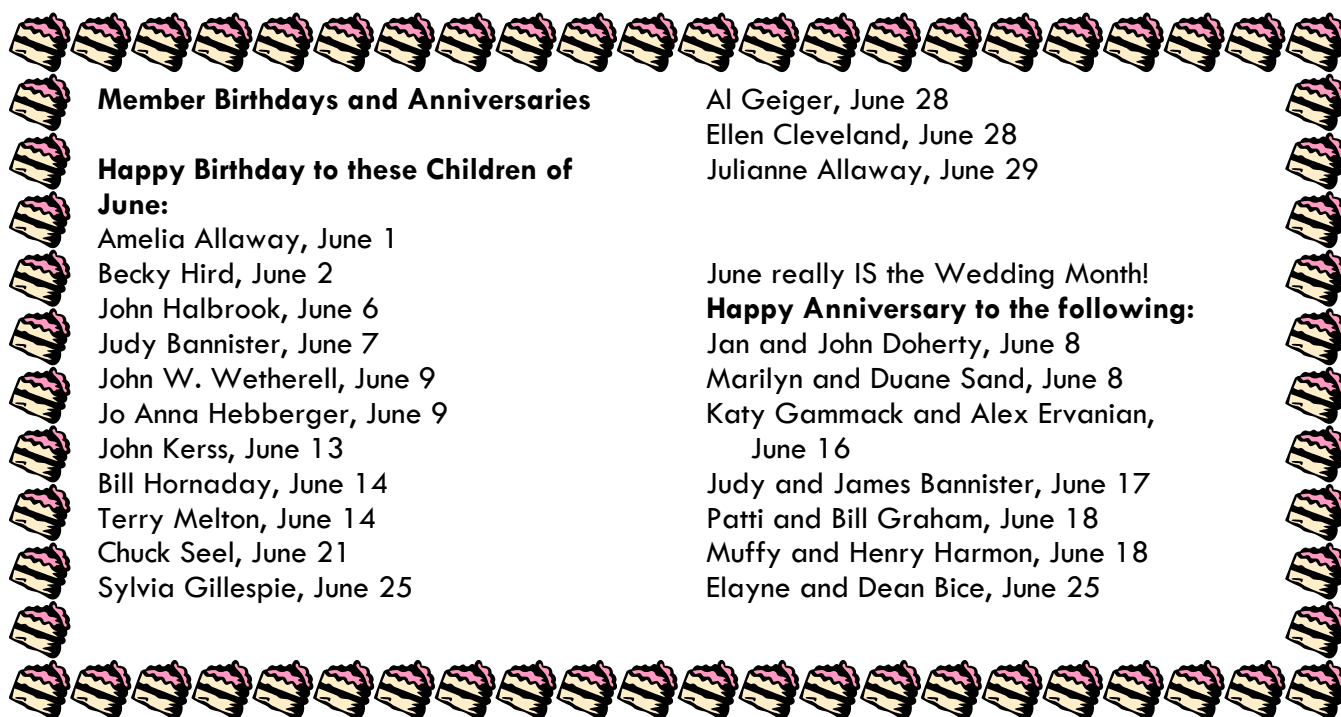
For many of us, pausing after church for a cup of coffee and a little something to nibble on is an important part of community life here at St. Paul's—a time to catch up with friends or maybe meet someone new. The Hospitality Cloister extends a big, heartfelt thank you to those who have hosted coffee hour in the past—it's a wonderful thing you do for

the church and a valuable ministry.

Currently, we have lots of opportunities for more people to practice this ministry of hospitality! Jovan is here to assist you with setting things out and with clean-up. Generally, you'll need to plan on 150 to 200 servings of whatever treats you choose to bring—some people bring fruit, cookies, or mini-muffins and some have brought crackers and dip, so you can go sweet or savory.

Apple juice or some other kind of juice as a supplement to the coffee is much appreciated. Please consider getting together with a couple of friends and hosting a coffee hour. The sign-up sheet is on the bulletin board beside the Guild Hall.

—Cheryl Stearns



**Member Birthdays and Anniversaries**

**Happy Birthday to these Children of June:**

Amelia Allaway, June 1  
Becky Hird, June 2  
John Halbrook, June 6  
Judy Bannister, June 7  
John W. Wetherell, June 9  
Jo Anna Hebberger, June 9  
John Kerss, June 13  
Bill Hornaday, June 14  
Terry Melton, June 14  
Chuck Seel, June 21  
Sylvia Gillespie, June 25

Al Geiger, June 28  
Ellen Cleveland, June 28  
Julianne Allaway, June 29

June really IS the Wedding Month!  
**Happy Anniversary to the following:**

Jan and John Doherty, June 8  
Marilyn and Duane Sand, June 8  
Katy Gammack and Alex Ervanian, June 16  
Judy and James Bannister, June 17  
Patti and Bill Graham, June 18  
Muffy and Henry Harmon, June 18  
Elayne and Dean Bice, June 25

## Renovating the Kitchen

Kitchen renovation project, long-needed and desired, is underway.

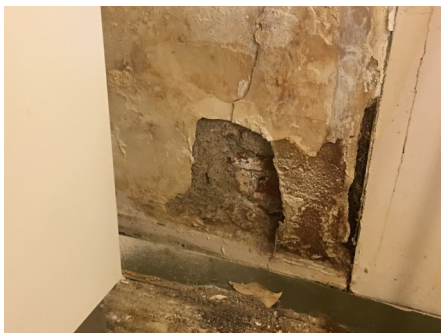


If you go down to the Undercroft, you may notice something different. The renovation of the main kitchen is underway. Cabinets are being removed, water damage is being addressed, a grease interceptor will be installed, new flooring, new countertops, new cabinets, subway tile, and more. The Property Committee, Kitchen sub-committee, and Chapter are excited that this long-needed, and desired, renovation is happening.

The timetable is approximately eight weeks, so please be patient. The items removed from the kitchen are stored around the Undercroft and rooms along the east hall. Please be careful if you need to be in those areas.

Once the construction is complete, the Kitchen sub-committee will be asking for volunteers to help with arranging the new space. Everything will need to be inspected, cleaned, and put away. It is anticipated that this may take several weekends, so we hope to entice many helpers during that time.

Questions? Please feel free to ask John Kerss, Anne Reasons, or Phyllis Melton.



*Above left, the sinks and dishwasher have been removed. Below left, water damage issues will be addressed. Above right, most of the center counter and the stoves are gone, as are the counters and cupboards along the west side.*





## Mother's Day Coffee Hour in the Garden

Sunday, May 14th, a picture perfect Iowa morning, enhanced our Mother's Day Coffee Hour, hosted outside in the garden by the Care of Creation Cloister. The garden, which was created seven years ago, features native plants, including butterfly milkweed, purple prairie coneflower, and spiderwort.



Anne Leader Reasons, Katie Doherty, Jan Doherty, and John Doherty

In addition to the benefits provided to parishioners, this botanical bounty benefits the many birds around the cathedral: mourning doves, house finches, and robins. During the summer, the blooms attract butterflies (including monarchs and swallowtails). Later in the summer praying mantis make their debut. There is even an occasional rabbit, and our corporate neighbors have found in the labyrinth a way of relieving their on-the-job pressures.

Many thanks to our Care of Creation Cloister for helping us remember that — indoors or out — we are all God's creatures.



Rick and Cheryl Stearns



The Rev. Jean McCarthy, Jim Vickery, Jill Southworth, and Dee Vickery



## More Garden Pictures!



Jo Anna Hebberger and Marilyn Sand

Kimela Weisenborn and Lorrie Baker



Priscila Palomino Piper





# Electronic Giving

*A convenient, consistent way to help our church grow*

## St. Paul's now offers text giving!

We have added text giving to our online giving account, and you can automatically give by texting the amount you wish to donate to this number:

**515-207-8133.**

### DONOR GUIDE

- 1.Text the amount you would like to give to your church's designated number.
- 2.If you are a first time, text-giving donor you will be prompted to visit a secure URL.
- 3.Once you click the registration link, you will enter your credit or debit card information.
- 4.At this point your donation will process.
- 5.You will see a confirmation text showing your donation and registration were successful.



### Tips for future text-giving donations

- If you only text a monetary value, the funds are attributed to your church's default fund. (Ex: \$50 = will go to default fund)
  - If you text the amount + fund name- the funds will be attributed to that fund name. (Ex: \$10 Building)
  - If the fund name you texted does not match- you will receive a message with a list of fund names for you to choose from.
  - If you text "Funds" you will receive a reply text including a list of the fund names they can choose to donate to.
  - If you text "Help" you will receive a reply text that states: "To give enter the amount you want to give, such as 100. You can also give to a specific fund by typing it after your amount, such as 100 building fund"
- If you text "Reset" you will receive a reply text that states: "Saved card information successfully removed. Please register your card information again when making your next gift by texting an amount to this number."

## **Safe and Secure Online Giving Available!**

We now offer safe and secure online giving on our website by using the QR ("Quick Response") Code printed on the right. Credit and debit cards are accepted. You can set up an account or quick give. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Cathedral Preservation Fund, or Cathedral Arts.



**Please be sure to visit our website:**

<http://cathedralchurchofstpaul.org/>

**We also offer on-line giving, and here's the link:**

<https://www.e360giving.com/g3/>