

## *Celebrating 12th Night*



☞.....*On the 12th day of Christmas my true love gave to me.....*☞

The 12th day of Christmas for our parish family will be celebrated on Thursday, January 5th with games, a potluck supper, a visit from the three Magi, a gift exchange, and singing the last carols of the Christmas season ( but NOT 12 lords a leaping), and a brief Epiphany service. The process is simple--bring a dish to share, an inexpensive gift (\$5 limit) for each person attending, and a joyful hope for the promise of Christmas for all. Mark your gifts for either an adult or child so everyone can receive a gift from the kings, who will be identified during the meal. The evening will begin at 6:00 with dinner at 6:30. We should be done by 7:30. Please look for a sign-up sheet in the narthex over the next couple of weeks; foods may reflect one of your own holiday traditions. Wassail, coffee, and table service will be provided.

*We hope to see you!*



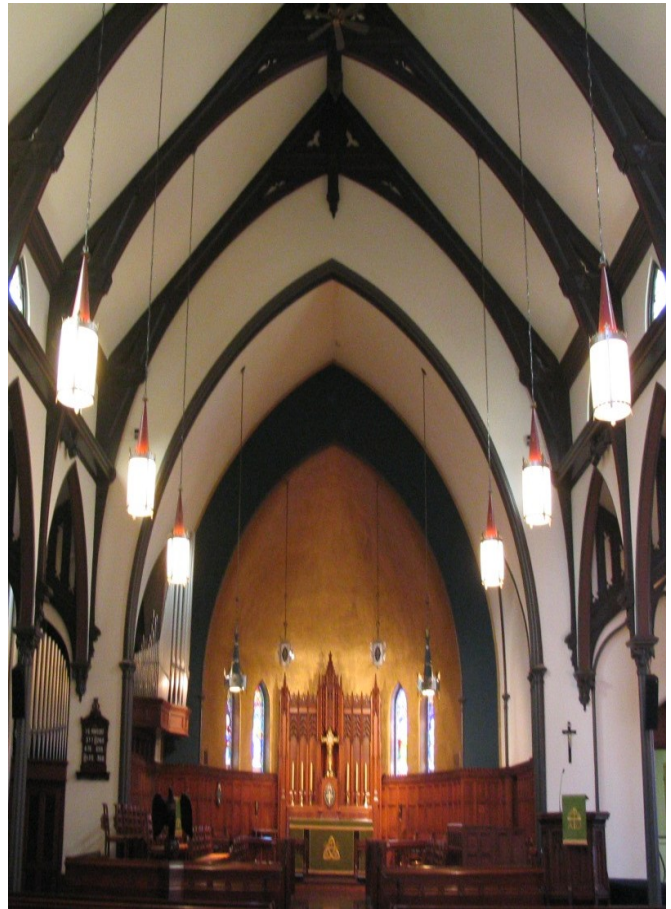
## Chapter Nominations

The Chapter is the "governing" board of the Cathedral Church of St. Paul. Many of its duties are proscribed by canon law, such as the responsibility for parish finances and care of church property. However, in a real sense, the Chapter serves as representatives of the members of the parish, provides leadership and vision as the parish moves forward in prayer and commitment to mission, and serves as the communication body between parish members and the clergy/staff of the Cathedral.

At the Annual Meeting in January, the parish will be asked to elect four new members to the Chapter. If you are interested in serving on the Chapter, or would like to nominate someone you feel would be a good candidate, please contact any member of the nominating committee: Mark Pritchard, Tom Tarbox, Stephanie Preusch, and Andrea Moore.

If you are nominating someone else, please be sure you have his or her permission first. Our goal is to have a slate of candidates published in early January.

The Nominating Committee



## Annual Meeting

January 29, 2017

**ONE SERVICE AT 9 A.M.**

Meeting & Brunch in the  
Undercroft at 10:30 a.m.



Election of Chapter Members

Presentation of 2017 Budget

Selection of 2017 Diocesan

Convention Delegates

Reports from Cloisters

Garden and Building Updates

Please plan on attending.

Your participation is an important part  
of our life as a parish.



**T**hank you to everyone who made the 2016 Advent Tea a successful parish event. A special thank you to the St. Paul's parishioners who hosted us at Scottish Rite Park Place. The festive event is possible because of everyone that prepared food, greeted and served during the tea, and most importantly took time to share in fellowship with each other. Thank you for your efforts and participation. A special thank you to Jo and John Wetherell, John Zickefoose, Barbara Willey and Barbara Duro for their help pulling the event together.

*Submitted by Stephanie Preusch*

### **Member Birthdays**

Happy January Birthday to the following:

Nyajur Majok & Jacob Wal, Jan. 1

Ivy Ward, Jan. 6

Bill Gentsch, Jan. 7

Carol Kempkes, Jan. 11

John McKinney III, Jan. 11

Dawn Bannister, Jan. 14

Bob Krause, Jan. 15

Nancy Seel, Jan. 18

Jim Windsor, Jan. 19

Leyna Wilson, Jan. 26

May Fitzgerald, Jan. 30

And Happy Anniversary to:

Nancy and Chuck Seel, Jan. 12

### **What Goes Up Must Come Down**

#### *De-Greening the Cathedral*

On Sunday, January 8, please stay for a few minutes after the 10 a.m. service to help take down all the Christmas decorations and put them away for another year. With many hands, this should take less than 30 minutes, and the Altar Guild would appreciate your help. *Thank you!*



## **St. Paul's Cathedral Arts Series continues in the New Year!**

Cathedral Art's events are opportunities to invite people to this beloved place. Our organ and the Cathedral music traditions are worth sharing with the community. Invite your friends, come, and enjoy.

### **January 22 4pm Organ Recital**

Cathedral Organist Mark Babcock will present an organ recital showcasing the variety of colors on the prestigious Cathedral Casavant organ. Music of Bach, Mendelssohn, Vierne, and Alain will be included. The program entitled, *Light*, will focus on the season of Epiphany and will incorporate appropriate connections for the season. .

### **February 19 4pm Evensong**

This choral evensong will feature the select 60-voice Central College A Cappella Choir. The Magnificat and Nunc Dimittis are from the Harvard Service by American composer, Charles Callahan. The Offertory Anthem will be *Abendlied* (Eveningsong) by Josef Rheinberger. The choir is preparing this selection as part of its May tour program to be sung in Austria and Germany. This six-part unaccompanied evening prayer sung is appropriate for Evensong: *Bide with us, for evening shadows darken, and the day will soon be over.*

### **March 26, 4pm Evensong**

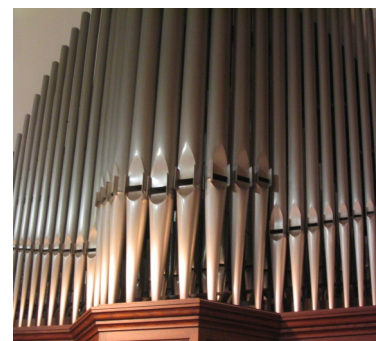
The Howells Scholars return for the March 25 Evensong. The Howells Scholars are a consortium of singers from the metro area, who come together to prepare and sing choral evensong at the Cathedral. Some are church musicians themselves, and because duties at their home churches include playing, conducting, or administrating, it is a real blessing to be able to worship God through their singing for a change! The ensemble will perform James Buonemani's Preces and Responses for the first time on March 25. The sung service is not found anywhere else in Des Moines.

### **May 7, 4pm Evensong**

Peter Aston's cheerful setting of the Magnificat (Mary's song - "my soul doth magnify the Lord") and the Nunc dimittis (Simeon's song - "Lord, now lettest thou thy servant depart in peace") are the musical heart of the May 7 Choral Evensong. Fr. Troy Beecham is the officiant, Mark A. Babcock is the organist, and Rebecca Gruber conducts the Howells Scholars. A wonderful reception, provided by the Cathedral Arts Committee, follows the service.

### **June 4, 10am Haydn Missa brevis in F major**

The Cathedral Choir sings the mass in the 10am service June 4 in a setting by Franz Joseph Haydn. The Missa brevis (short mass) in F major is scored for mixed chorus, 2 violins, organ, and two soloists - a soprano and a mezzo-soprano. It is one of his earliest works, displaying a melodic sweetness and economy of composition. The special music for the day will add a festive tone to worship, so please consider inviting someone to the Cathedral to worship with you on June 4.



## Why do most Episcopal churches have red doors?

One of the projects the Property Committee is currently working on is the replacement of the damaged Sacristy door on the north side of the Cathedral. Like all exterior doors at St. Paul's, it is painted red, which brings to mind the question: "Why do most Episcopal churches have red doors?"

This question often gets asked by folks who have recently joined their local Episcopal parish. Cradle Episcopalians never ask this question because the doors have always been red so they don't question it. Much like the Anglican faith itself, there is general agreement, but no "right" answer.

This history is long and goes back to the Middle Ages, or perhaps even to the time of the Torah in the Hebrew Scriptures, since one theory cites Passover as a source of the color. The children of Israel were to mark "the lintel of the door" with blood, as a sign for the Angel of Death to pass over.

Other sources see the red doors as symbolic of Christ's blood, which is our entry into salvation. They also remind us of the blood of the martyrs and the ultimate sacrifice they made for their faith. Red is also the color associated with the Holy Spirit.

In the Middle Ages church doors of this color came to symbolize sanctuary, refuge, and safety from physical and spiritual evil/danger. Those in need would not be captured or harmed inside the holy walls of the church, which offered physical and spiritual protection.

Nobody would dare to do violence on hallowed ground and, in any case, the Church was not subject to civil law. The red door was fair warning to pursuers that they could proceed no further.

Some believe that the doors of the Wittenberg Cathedral, where Martin Luther posted his 95 theses, were red, and thus red doors on Protestant churches indicate their roots in the Reformation.

There is also some anecdotal evidence that churches painted their front doors red when the mortgage was paid off.

The truth probably resides somewhere within the various theories. Today many Episcopal, Lutheran, Methodist, and some Roman Catholic churches proclaim with their red doors that their churches are a haven for emotional and spiritual healing, and are a place of refuge and safety, forgiveness and reconciliation. The red doors now show that the warmth, light, and presence of the Holy Spirit is there for everyone who enters.



## 2017 Diocesan Youth Ski Trip

### Youth in Grades 6-12

#### January 13-15, 2017

The Youth Ski Trip is an annual winter-fun weekend. This year's Ski Trip will take place Friday, January 13 through Sunday, January 15, and will take place at a new location: Camp Hantesa & Seven Oaks Recreation in Boone. Group registrations (for food and lodging) are due to the Diocese by December 18, 2016. More information can be found by contacting [registration@youthskitrip.com](mailto:registration@youthskitrip.com). This will put you in touch with Dale Schirmer of Grace, Cedar Rapids, and Amy Mellies of St. John's, Ames, who are this year's ski trip coordinators. They will be happy to assist you!



### **Episcopal Youth Event 2017**

The Episcopal Youth Event (EYE) is a triennial event for young people put on by the Episcopal Church. It serves as a celebration to inspire a deeper faith in Jesus Christ, and a renewed commitment to mission and ministry. It is the second largest event in the Episcopal Church and the single largest youth event in the Episcopal Church. EYE is a once-in-a-lifetime opportunity to purposely gather with 1200+ other faithful young people from across the Episcopal Church for three very full days of worship, sharing, praying, learning, singing, and working between the arrival and departure days.

**EYE17**

**July 10-14, 2017**

**University of Central Oklahoma**

**Edmond, OK**

**Youth currently enrolled in 9th, 10th, 11th, or 12th grade during this 2016-2017 school year are encouraged to apply. Deadline to apply: January 1, 2017**

Applicants should be members of an Episcopal church in the Diocese of Iowa, emotionally mature, and capable of being a responsible member of the Iowa delegation. Space is limited and applications will be reviewed in the order they are received.

**Here's the link to the dio website youth event page with lots of information about this amazing event and a link to the application form:**

<http://www.iowaepiscopal.org/Ministries/children-youth.html>

## **JANUARY SHELTER MEAL**

**Tuesday, January 24, 2017**

Did you know that St. Paul's is the Central Iowa Shelter & Services' longest consistent donor of monthly financial support? In addition to special collections taken for CISS, St. Paul's has for years served a meal

once a month at the shelter. Our next Shelter Meal will be Sunday, January 24th. Please check the sign-up poster located in the parish house corridor and think/decide what food you can contribute. Please sign up if you will be bringing food so we don't purchase more than necessary. Monetary contributions are welcome anytime, and will be credited to your personal St. Paul's contributions. Here's a link to the on-line sign-up sheet:

[Central Iowa Shelter Meal Sign up](#)

*Thank you!*



## **Safe and Secure**

### **Online Giving Now Available!**

We now offer safe and secure online giving on our website by using the QR ("Quick Response") Code printed below. Credit and debit cards are accepted. You can set up an account or quick give. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this

step. You may choose to give to our general budget, to the cathedral preservation fund, or cathedral arts. QR Codes need nothing more than a mobile phone or tablet, and a QR reader that is installed on that device. These QR code readers are freely available to download from all App stores. To scan the code, simply launch the app and wait until the camera automatically detects it. Within seconds the content is displayed on the screen.



**We also offer on-line giving, and here's the link:**

<https://www.e360giving.com/g3/>

## **New Outreach Program at Lovejoy School**

St. Paul's hopes to expand its outreach at Lovejoy School by creating a school-based Food Pantry there, allowing us to serve more families, provide food multiple days a week, have the pantry open all summer and during evenings, and provide better quality food.

An appropriate vehicle will be provided. We are looking for anyone willing to transport the Food Bank to Lovejoy School. This needs to be done once a month on a set day and time. Is this something you can help us with? If you are interested, please speak with Deacon John.

*Thank you*

## St. Paul's now offers text giving!

We have added text giving to our online giving account, and you can automatically give by texting the amount you wish to donate to this number:

**515-207-8133.**

### DONOR GUIDE

- 1.Text the amount you would like to give to your church's designated number.
- 2.If you are a first time, text-giving donor you will be prompted to visit a secure URL.
- 3.Once you click the registration link, you will enter your credit or debit card information.
- 4.At this point your donation will process.
- 5.You will see a confirmation text showing your donation and registration were successful.



### Tips for future text-giving donations

- If you only text a monetary value, the funds are attributed to your church's default fund. (Ex: \$50 = will go to default fund)
- If you text the amount + fund name- the funds will be attributed to that fund name. (Ex: \$10 Building)
- If the fund name you texted does not match- you will receive a message with a list of fund names for you to choose from.
- If you text "Funds" you will receive a reply text including a list of the fund names they can choose to donate to.
- If you text "Help" you will receive a reply text that states: "To give enter the amount you want to give, such as 100. You can also give to a specific fund by typing it after your amount, such as 100 building fund"

If you text "Reset" you will receive a reply text that states: "Saved card information successfully removed. Please register your card information again when making your next gift by texting an amount to this number.

### Your articles, news, photos are welcome!!

The Journey is published 11 times a year, usually on the third Thursday of the month to reach homes by the first of the following month. ***The deadline for the February issue will be Monday, January 23.*** Please mail to [administrator@cathedralchurchofstpaul.org](mailto:administrator@cathedralchurchofstpaul.org);

Or bring it to the Cathedral Office.

**Please be sure to visit our website:**

<http://cathedralchurchofstpaul.org/>