

# ST. PAUL'S EPISCOPAL CATHEDRAL

815 High Street, Downtown Des Moines, IA 50309

## The Sixteenth Sunday after Pentecost: Proper 20

Sunday, September 20, 2020

Ten o'clock in the morning

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### Organ Voluntary

**Hymn 437** *Tell out, my soul, the greatness of the Lord!* BIRMINGHAM

**The Greeting** BCP p. 355

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.

**People** **And blessed be his kingdom, now and for ever. Amen.**

*The Celebrant may say*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**A Song of Praise** *(in the front section of the Hymnal)* S236

### The Collect of the Day

Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### The Lessons, the People sit

**A Reading from the Book of Exodus** [16: 2 – 15]

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days." So Moses and Aaron said to all the Israelites, "In the evening you shall know that it was the LORD who brought you out of the land of Egypt, and in the morning you shall see the glory of the LORD, because he has heard your

complaining against the LORD. For what are we, that you complain against us?" And Moses said, "When the LORD gives you meat to eat in the evening and your fill of bread in the morning, because the LORD has heard the complaining that you utter against him--what are we? Your complaining is not against us but against the LORD." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat.

Leader        The Word of the Lord.

People        **Thanks be to God.**


**Psalm 105** (1 – 6, 37 – 45)

*Confitemini Domino*

BCP p. 738

*The Cantor sings the refrain initially and the People join when invited.*

**Refrain**

Mode 1 

Re - mem - ber the mar - vels God has done.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

**A Reading from the Letter of Paul to the Philippians**

[1: 21 – 30]

To me, living is Christ and dying is gain. If I am to live in the flesh, that means fruitful labor for me; and I do not know which I prefer. I am hard pressed between the two: my desire is to depart and be with Christ, for that is far better; but to remain in the flesh is more necessary for you. Since I am convinced of this, I know that I will remain and continue with all of you for your progress and joy in faith, so that I may share abundantly in your boasting in Christ Jesus when I come to you again. Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel, and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing. For he has graciously granted you the privilege not only of believing in Christ, but of suffering

for him as well—since you are having the same struggle that you saw I had and now hear that I still have.

Leader        The Word of the Lord.

**People        Thanks be to God.**

**Hymn 654**

*Day by day*

SUMNER

**The Holy Gospel**

[Matthew 20: 1 - 16]

*Deacon*            The Holy Gospel of our Lord Jesus Christ according to  
Matthew.

**People            Glory to you, Lord Christ.**

Jesus said "The kingdom of heaven is like a landowner who went out early in the morning to hire laborers for his vineyard. After agreeing with the laborers for the usual daily wage, he sent them into his vineyard. When he went out about nine o'clock, he saw others standing idle in the marketplace; and he said to them, 'You also go into the vineyard, and I will pay you whatever is right.' So they went. When he went out again about noon and about three o'clock, he did the same. And about five o'clock he went out and found others standing around; and he said to them, 'Why are you standing here idle all day?' They said to him, 'Because no one has hired us.' He said to them, 'You also go into the vineyard.' When evening came, the owner of the vineyard said to his manager, 'Call the laborers and give them their pay, beginning with the last and then going to the first.' When those hired about five o'clock came, each of them received the usual daily wage. Now when the first came, they thought they would receive more; but each of them also received the usual daily wage. And when they received it, they grumbled against the landowner, saying, 'These last worked only one hour, and you have made them equal to us who have borne the burden of the day and the scorching heat.' But he replied to one of them, 'Friend, I am doing you no wrong; did you not agree with me for the usual daily wage? Take what belongs to you and go; I choose to give to this last the same as I give to you. Am I not allowed to do what I choose with what belongs to me? Or are you envious because I am generous?' So the last will be first, and the first will be last."

*Deacon*        The Gospel of the Lord.

**People        Praise to you, Lord Christ.**

## **The Homily**

The Rev. Nicola Bowler

*After the Homily, a period of silent reflection is kept.*

### **The Nicene Creed, standing**

BCP page 358

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **Prayers of the People**

*As you are able, stand or kneel for prayer.*

*Celebrant: Please stand or kneel for prayer.*

*Deacon: Come, all who labor in the vineyard of God's grace, let us join together in the offering of our prayers, saying, "Lord, hear our prayer."*

Alan, our bishop; for Fr. Troy, Amma Nicola, Fr., Zeb., Deacon John, Mark, John, and Jovan; for all lay and ordained ministers. In our companion Diocese of Brechin we pray for the clergy and people of Holy Trinity, Monifieth; in our companion Diocese of Nzara we pray for the clergy and people of Rangu Arch-deaconary; in our companion Diocese of Swaziland we pray for the clergy and people of Piggs Peak Parish; in our own Diocese we pray for the clergy and people of St Paul Indian Mission and St Thomas, Sioux City; in our parish prayer cycle we pray for John and Mark, Felix, Claude, Linda, Al and Nancy, Sharon and Bill, Mike and Susan, Bill and Patti; and in the Anglican Cycle of Prayer we pray the clergy and people of the Episcopal Church of South Sudan. We pray for all who govern and hold authority in the nations of the world. That our commitment to justice may

extend to those we employ, in our households and businesses, paying a fair and living wage, clarifying expectations, and seeking honest work in return; let us pray.

**People: Lord, hear our prayer.**

*Intercessor:* That we may bridle our tongue against the urge to complain, channeling our energy to generously participate in the building up of the community of faith;

let us pray.

**People: Lord, hear our prayer.**

*Intercessor:* That we may receive a sacramental Meal of the Eucharist as a foretaste of God's heavenly banquet, responding to its grace by helping those who are the weakest among us; let us pray.

**People: Lord, hear our prayer.**

*Intercessor:* That our homes may be schools of religious faith, where God's loving presence is revealed through personal sacrifice, ongoing forgiveness, and mutual joy; let us pray.

**People: Lord, hear our prayer.**

*Intercessor:* That we may rejoice in the beauty of the season, and honor the extraordinary diversity of plant and animal life; let us pray.

**People: Lord, hear our prayer.**

*Intercessor:* That those who have died may join in the company of the angels and archangels, all the saints in heaven, and rest in the blessed arms of him who is the first and the last, Jesus our Redeemer; let us pray.

**People: Lord, hear our prayer.**

*Intercessor:* With the steadfast love of God to guide us, we continue our prayers.

*You are invited to add your own prayers, silently, aloud or typed in the comments.*

*Concluding Collect, spoken in unison*

**God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, bear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. Amen.**

## **The Confession and Absolution**

BCP page 360

*All kneel as able, and the Deacon says*

Let us confess our sins against God and our neighbor.

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.**

*The Priest stands and says*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

## **The Peace**

BCP page 360

## **The Holy Communion**

### **The Lord's Prayer**

BCP page 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### **Prayer for Spiritual Communion**

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

(St. Alphonsus de Liguori, 1696-1787)

## **The Blessing**

May the blessing of the God of Abraham and Sarah, and of Jesus Christ born of our sister Mary, and of the Holy Spirit, who broods over the world as a mother over her children, be upon you and remain with you always. **Amen.**

## **Dismissal**

Deacon      Go forth in the name of the Risen Christ. Alleluia. Alleluia.

People      **Thanks be to God. Alleluia. Alleluia.**

## **Announcements for September 20, 2020**

**Due to COVID-19 the building is closed to all group meetings until the Coronavirus abates.**

The Cathedral Office is closed except by appointment and for essential needs only. Voice mails may be left for staff at 515-288-7292 and will be checked regularly. Emails are also welcome at the following email addresses:

Amma Nicola:              ammanicola@cathedralchurchofstpaul.org

Fr. Zeb:                      fatherzeb@cathedralchurchofstpaul.org

Deacon John:              deacon@cathedralchurchofstpaul.org

John Zickefoose:          administrator@cathedralchurchofstpaul.org

Although we cannot gather, there are ways we can be together during the week, and we hope you will join with us for these on-line services:

Morning Prayer: 9:00 AM every week on Wednesday

Evening Prayer: 5:45 PM every week on Thursday

Virtual Coffee Hour:      After worship every week on Sunday

Log-Ins can be found in our weekly e-blast

You may email administrator@cathedralchurchofstpaul.org to receive our e-blast.

If you do not have a copy of the Book of Common Prayer at home, you may access it online at bcponline.org.

## **Financial Giving**

The expenses of the church continue through the COVID-19 crisis and so does our ministry.

Financial contributions can mailed:

815 High St. Des Moines, IA 50309

given online: cathedralchurchofstpaul.org

or texted: 515-207-8133

If you would like to make a contribution to support those experiencing hardship please note that your gift is for the "Clergy Discretionary Fund"

## **Facebook**

You can learn more about what we are doing at St. Paul's by following our Facebook Page:

The Cathedral Church of St. Paul-Episcopal

And by joining our private Facebook Group:

St. Paul's Episcopal Cathedral

We also have a private Facebook Group for parents and kids:

St. Paul's Episcopal Cathedral Kids Des Moines

We'd love to hear your prayer requests, share events with you, and connect as a community.