

ST. PAUL'S EPISCOPAL CATHEDRAL

815 High Street, Downtown Des Moines, IA 50309

The Thirteenth Sunday after Pentecost: Proper 17

Sunday, August 30, 2020

Ten o'clock in the morning

Organ Voluntary

Hymn 473

Lift high the Cross

CRUCIFER

The Greeting

BCP p. 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

A Song of Praise

(in the front section of the Hymnal)

S236

The Collect of the Day

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons, the People sit

A Reading from the Book of Exodus

[3: 1 – 15]

Moses was keeping the flock of his father-in-law Jeth'ro, the priest of Mid'ian; he led his flock beyond the wilderness, and came to Ho'reb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid

to look at God. Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Ca'naanites, the Hit'tites, the Am'orites, the Per'izzites, the Hi'vites, and the Jeb'usites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" God said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."


Leader The Word of the Lord.

People **Thanks be to God.**

Psalm 105: 1 – 6, 23 – 26, 45c *Confitemini Domino* BCP p. 738

The Cantor sings the refrain initially and the People join when invited.

Refrain

Mode 1 

Re - mem - ber the mar - vels God has done.

from Gradual Psalms for the RCL, ed. Bruce E. Ford, Church Publishing Incorporated

A Reading from the Letter of Paul to the Romans [12: 9 – 21]

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

As you are able, stand or kneel for prayer.

Celebrant: Please stand or kneel for prayer.

Deacon: God is the great "I AM" in whose Name we pray, responding, "Lord, hear our prayer."

Intercessor: We pray for your church: for Michael, our Presiding Bishop; Alan, our bishop; for Fr. Troy, Amma Nicola, Fr., Zeb., Deacon John, Mark, John, and Jovan; for all lay and ordained ministers. In our companion Diocese of Brechin we pray for the clergy and people of the Diocesan Centre; in our companion Diocese of Nzara we pray for the clergy and people of Good Samaritan Primary Health Care Center; in our companion Diocese of Swaziland we pray for Sunday School teachers and pupils; in our own Diocese we pray for the clergy and people of St John, Dubuque; in our parish prayer cycle we pray for Russell, Martha, Chris, Dean, Joe, Riley, Ben, Mary Jane, Norma, Marilyn, Margaret, Babette, Elliot, Gail, and Richard; and in the Anglican Cycle of Prayer we pray the clergy and people of the United Church of South India. That we may open our eyes to the cries of those who suffer, freeing them from enslavement to poverty, abuse, and lack of opportunity, taking our share in the saving acts of God; let us pray.

People: Lord, hear our prayer.

Intercessor: We pray for all who govern and hold authority in the nations of the world. That the leaders of the nations may lead their people with integrity, honoring all that is past and moving into the challenges that define a new life; let us pray.

People: **Lord, hear our prayer.**

Intercessor: For the courage to lift up our crosses to the light of day, carrying them on our journey of faith, uniting ourselves with the Christ of the passion, so as to share in the glory of his resurrection; let us pray.

People: **Lord, hear our prayer.**

Intercessor: That we be given the strength to leave behind the fruits of temptation, turning our gaze upon that which is nourishing and sound, living a life of love, honor, and respect for others, full of rejoicing and thanksgiving; let us pray.

People: **Lord, hear our prayer.**

Intercessor: For all laborers, that they may receive a fair wage, a safe working environment, the companionship of fellow workers, and the respect of those who exercise authority over them; let us pray.

People: **Lord, hear our prayer.**

Intercessor: For those who have died surrounded by family and friends, and for those who were unloved and unmourned, that all may have a place in God's kingdom; let us pray.

People: **Lord, hear our prayer.**

Intercessor: May the Name of God be grafted on our hearts as we continue our prayers.

Concluding Collect, spoken in unison

God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, bear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. Amen.

The Confession and Absolution

BCP page 360

All kneel as able, and the Deacon says

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

The Peace

BCP page 360

The Holy Communion

The Lord's Prayer

BCP page 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Prayer for Spiritual Communion

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

(St. Alphonsus de Liguori, 1696-1787)

The Blessing

May the blessing of the God of Abraham and Sarah, and of Jesus Christ born of our sister Mary, and of the Holy Spirit, who broods over the world as a mother over her children, be upon you and remain with you always. **Amen.**

Dismissal

Deacon Go forth in the name of the Risen Christ. Alleluia. Alleluia.

People **Thanks be to God. Alleluia. Alleluia.**

Announcements for August 30, 2020

**Due to COVID-19 the building is closed
to all group meetings until the coronavirus abates.**

**Please note that the Cathedral Office will be closed
on Monday, September 7 for the Labor Day holiday.**

The Cathedral Office is closed except by appointment and for essential needs only. Voice mails may be left for staff at 515-288-7292 and will be checked regularly. Emails are also welcome at the following email addresses:

Amma Nicola:	ammanicola@cathedralchurchofstpaul.org
Fr. Zeb:	fatherzeb@cathedralchurchofstpaul.org
Deacon John:	deacon@cathedralchurchofstpaul.org
John Zickefoose:	administrator@cathedralchurchofstpaul.org

Although we cannot gather, there are ways we can be together during the week, and we hope you will join with us for these on-line services:

Morning Prayer: 9:00 AM every week on Wednesday

Evening Prayer: 5:45 PM every week on Thursday

Virtual Coffee Hour: After worship every week on Sunday

Log-Ins can be found in our weekly e-blast

You may email administrator@cathedralchurchofstpaul.org to receive our e-blast.

If you do not have a copy of the Book of Common Prayer at home, you may access it online at bcponline.org.

Financial Giving

The expenses of the church continue through the COVID-19 crisis and so does our ministry.

Financial contributions can mailed:

815 High St. Des Moines, IA 50309

given online: cathedralchurchofstpaul.org

or texted: 515-207-8133

If you would like to make a contribution to support those experiencing hardship please note that your gift is for the "Clergy Discretionary Fund"

Facebook

You can learn more about what we are doing at St. Paul's by following our Facebook Page:

The Cathedral Church of St. Paul-Episcopal

And by joining our private Facebook Group:

St. Paul's Episcopal Cathedral

We also have a private Facebook Group for parents and kids:

St. Paul's Episcopal Cathedral Kids Des Moines

We'd love to hear your prayer requests, share events with you, and connect as a community.